

# Believe It Or Not

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**Count:** 36      **Wall:** 4      **Level:** Upper Beginner

**Choreographer:** Sue Wright, Emerald (QLD), June 2017

**Music:** Theme From "Greatest American Hero" (Believe It Or Not) by Joey Scarbury. Album: "America's Greatest Hero"

## **START: Feet together, weight on left, 24 count Intro, start on lyrics**

### **Heel, Toe, Heel, Toe, Forward, Together, Forward, Touch**

- 1, 2      Touch R heel to right diagonal, Touch R toe across in front of left foot
- 3, 4      Touch R heel to right diagonal, Touch R toe across in front of left foot
- 5 - 8      Step R forward, Step L beside right, Step R forward, Touch L beside right

### **Heel, Toe, Heel, Toe, Forward, Together, Forward, Scuff**

- 1, 2      Touch L heel to left diagonal Touch L toe across in front of right foot
- 3, 4      Touch L heel to left diagonal, Touch L toe across in front of right foot
- 5 - 8      Step L forward, Step R together, Step L forward, Scuff R beside left

### **Rocking Chair, Paddle Turn, Paddle Turn**

- 1 - 4      Step R forward, Rock back on L, Step R back, Rock forward on L
- 5 - 8      Step R forward, Turning  $\frac{1}{4}$  left step L to left, Step R forward, Turning  $\frac{1}{4}$  left step L to left  
\*\*\*\* 6:00

### **Cross, Point, Cross, Point, Jazz Box $\frac{1}{4}$ Turn**

- 1 - 4      Cross R over left, Point L toe to left side, Cross L over right, Point R toe to right side

### **(Move slightly forward in this sequence.)**

- 5 - 8      Cross R over left, Step back on L, Turn  $\frac{1}{4}$  right step R to right side, Step L forward ####  
9:00

### **Heel, Together, Heel Together**

- 1, 2      Touch R heel to right diagonal, Step R beside left
- 3, 4      Touch L heel to left diagonal, Step L beside right

### **START DANCE AGAIN**

**Restart \*\*\*\* Wall 3: after count 24 (facing 12.00)**

**Tag 1: 12 Count Tag at the end of Wall 6 (facing 3.00)**

**Vine Right, Vine Left, Heel, Together, Heel Together**

- 1-4** Step R to right, Step L behind right, Step R to right, Touch L beside right
- 5-8** Step L to left, Step R behind left, Step L to left, Touch R beside left
- 9-12** Touch R heel to right diagonal, Step R beside left, Touch L heel to left diagonal, Step L beside right

**Tag 2: 4 Count Tag at the end of Wall 7 (Facing 12.00)**

**Heel, Together, Heel Together**

- 1-4** Touch R heel to right diagonal, Step R beside left, Touch L heel to left diagonal, Step L beside right

**Ending: Wall 9 (starting at 9.00)**

**Dance to count 32#### (facing 6.00) and add the following:**

**Step R forward, Pivot ½ left (take weight on L), Step R forward, Clap**

**Free to be copied provided no changes are made to the original choreography.**

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