

GENTLE WARM AND KIND

LINEDANCE.COM

Count: 32

Wall: 2

Level: intermediate

Choreographer: Cliff Holland

Music: Gentle Warm And Kind by Merv & Maria

HEEL DIGS: SAILOR CROSS STEP WITH $\frac{1}{2}$ TURN (RIGHT AND LEFT)

- 1&2** Dig right heel diagonally forward, hook across left shin, dig right heel diagonally forward
- 3&4** Step right foot behind left making $\frac{1}{2}$ turn right, step left foot slightly to left, cross right foot in front of left foot
- 5&6** Dig left heel diagonally forward, hook across right shin, dig left heel diagonally forward
- 7&8** Step left foot behind right making $\frac{1}{2}$ turn left, step right foot slightly to right, cross left foot in front of right foot

SIDE ROCK-BACK-HOOK TWICE: FORWARD ROCK $\frac{1}{2}$ TURN RIGHT-HITCH: BACK HITCHES

- 1&2&** Step right foot to right side, rock weight back onto left foot, step back on right foot, hook left foot across right shin
- 3&4&** Step left foot to left side, rock weight back onto right foot, step back on left foot, hook right foot across left shin
- 5&** Step forward on right foot, rock weight back onto left foot, make $\frac{1}{2}$ turn right
- 6&** Step forward onto right foot, hitch left foot
- 7&8&** Step back onto left foot, hitch right, step back onto right foot, hitch left

SIDE-TOGETHER: CHASSE WITH $\frac{1}{4}$ TURN (LEFT AND RIGHT)

- 1-2** Step left foot to left side, close right foot beside left
- 3&4** Step left foot to left side, close right foot beside left, step left foot to left side making $\frac{1}{4}$ turn left
- 5-6** Step right foot to right side, close left foot beside right
- 7&8** Step right foot to right side, close left foot beside right, step right foot to right side making $\frac{1}{4}$ turn right

PIVOT $\frac{1}{2}$ TURN RIGHT: TRIPLE $\frac{1}{2}$ TURN RIGHT: HEEL JACKS RIGHT AND LEFT

- 1-2** Step left foot forward, turn $\frac{1}{2}$ right, transferring weight to right foot
- 3&4** Make $\frac{1}{2}$ turn right stepping left-right-left

- 5& Step back on right foot, tap left heel diagonally forward
- 6& Step back on left foot, step right foot in place beside left
- 7& Step back on left foot, tap right heel diagonally forward
- 8& Step back on right foot, step left foot in place beside right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=54386