

# ALL ON MY LONESOME

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**Count:** 48                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Dougie D (Sept 08)

**Music:** On My Own by Reba McEntire (CD: Starting Over [92bpm])

## Start dancing on lyrics

### Rumba Box With Shuffles

- 1-2            Step left to side, step right beside left
- 3&4           Shuffle forward, stepping left, right, left
- 5-6           Step right to side, step left beside right
- 7&8           Shuffle back, stepping right, left, right

### Step Left To Left, Right Behind Left, Step Left To Left With $\frac{1}{4}$ Turn Left And Shuffle Forward, Step Forward On Right, $\frac{1}{2}$ Turn Left, Shuffle Forward

- 1-2            Step left to side, cross right behind left
- 3&4           Step left to side with  $\frac{1}{4}$  turn left, shuffle forward, stepping left, right, left
- 5-6           Step forward on right, pivot  $\frac{1}{2}$  turn left
- 7&8           Shuffle forward, stepping right, left, right

### Cross Rock Left Over Right, Short Vine Left, Side Rock On Left, Cross Shuffle To Right

- 1-2            Cross rock left over right, recover on right
- 3-4            Step left to side, cross right over left
- 5-6            Rock left out to left side, recover on right
- 7&8            Cross shuffle right, stepping left, right, left

### Cross Right Over Left, Pivot $\frac{1}{2}$ Left, Back Rock, Forward Mambo, Back Mambo

- 1-2            Cross right over left, pivot  $\frac{1}{2}$  turn left
- 3-4            Rock left back, recover on right
- 5&6           Step forward on left, step right in place, step left beside right
- 7&8            Step right back, step left in place, step right beside left

### Side Rock To Left, Vine Right, Cross Rock

- 1-2            Rock left to side, recover on right

- 3-4 Cross left over right, step right to side
- 5-6 Cross left behind right, step right to side
- 7-8 Cross rock left over right, recover on right

### **Vine To Left, Rock To Left, Rock To Right**

- 1-2 Step left to side, cross right over left
- 3-4 Step left to side, cross right behind left
- 5-6 Step left to side, cross right over left
- 7-8 Rock left to side, rock right to side

### **Repeat**