

La Jument

LINEDANCE.COM

Count: 56

Wall: 2

Level: Newcomer / Novice - Phrased Contra - Lilt

Choreographer: Astrid Kaeswurm "Cheesy"

Music: La jument de Michao by Nolwenn Leroy

Counts: A: 32 counts + B: 24 counts, A A B, A A B, A A B

Part A - 32 counts

[1 - 8] R side rock, behind, side cross, L side rock, behind, side cross,

1 - 2R side (weight change), weight change to L

3 & 4R cross behind L, L side, R cross over L

5 - 6L side (weight change), weight change to R

7 & 8L cross behind R, R side, L cross over R

[9 - 16] Shuffle R fwd., rock Step L fwd. - L hands together Shuffle L back, rock Step R back

1 & 2R forward, L to R, R forward

3 - 4L forward (weight change), back to R (weight change) - put L hands together

5 & 6L back, R to L, L back

7 - 8R back (weight change), back to L (weight change)

[17 - 24] Shuffle R fwd., Shuffle fwd. with $\frac{1}{2}$ Turn L - L hands together, Shuffle R back, L rock step back

1 & 2R forward, L to R, R forward

3 & 4L forward, R to L, L forward - with $\frac{1}{2}$ turn L together with dance partner

5 & 6R back, L to R, R back

7 - 8L back (weight change), back to R (weight change)

[25 - 32] Shuffle L fwd., Shuffle fwd. with ½ Turn R - R hands together, Shuffle L back, R rock step back

1 & 2L forward, R to L , L forward

3 & 4R forward, L to R, R forward - with ½ turn R together with dance partner

5 & 6L back, R to L, L back

7 - 8R back (weight change), back to L (weight change)

Part B - 24 counts

[1 - 8] Shuffle R fwd., rock Step L fwd. - L hands together, Shuffle L back, rock Step R back

1 & 2R forward, L to R, R forward

3 - 4L forward (weight change), back to R (weight change) - put L hands together

5 & 6L back, R to L, L back

7 - 8R back (weight change), back to L (weight change)

[9 - 16] Shuffle R side, ½ Turn L, Shuffle L side, ½ Turn L, Shuffle R side, L rock step back

1 & 2R side, L together L, R side and ½ turn L

3 & 4L side, R together L, L side and ½ turn L

5 & 6R side, L together R, R side

7 - 8L back (weight change), back to R (weight change)

[17 - 24] Shuffle L side, ½ Turn R, Shuffle R side, ½ Turn R, Shuffle L side, R rock step back

1 & 2L side, R together L, L side and ½ turn R

3 & 4R side, L together R, R side and ½ turn R

5 & 6L side, R together L, L side

7 - 8R back (weight change), back to L (weight change)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=87053