

# BUMP IT UP

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**Count:** 32      **Wall:** 4      **Level:** —

**Choreographer:** Judy McDonald & Ron Kline

**Music:** Super Love (Special Dance Mix) by Exile

## RIGHT SIDE SHUFFLE, LEFT ROCK, RIGHT STEP, LEFT ROCK, RIGHT STEP

**1&2**      Step right to side, step left beside right, step right to side

**3&4&**      Step left back, step right in place, step left in place, step right in place

## LEFT STEP FORWARD, HOLD, RIGHT STEP, LEFT STEP FORWARD, HOLD

**5-6**      Step left forward, hold

**&7-8**      Step right beside left, step left forward, hold

## "CHASE" STEPS

**&1&2**      Step right to side, step left beside right, step right across in front of left, step left beside right

**&3&4**      Step right to side, step left beside right, step right across in front of left, step left beside right

## RIGHT SIDE ROCK, RIGHT PUSH & DRAG IN, RIGHT STOMP, ¼ TURN, RIGHT STEP

**5-6**      Step right to side, push off on right and drag in beside left

**Weight never really leaves the left foot**

**7&8**      Stomp right beside left, swing right leg out and around while making ¼ turn to the right (&), step right slightly behind left

## RIGHT HIP BUMPS 3X, BODY ROLL UP

**1&2&3**      Bump hips right, left, right, left, right

**Do this while bending knees so that you are going down**

**4**      Body roll up

## RIGHT KNEE POP, LEFT KNEE POP, RIGHT KNEE POP-2X

**&5**      Take weight on left, bend right knee and lift heel off floor

**&6**      Make ¼ turn right while dropping right heel, bend left knee and lift heel off floor

**&7** Make  $\frac{1}{4}$  turn left while dropping left heel, bend right knee and lift heel off floor

**&8** Straighten right knee, bend right knee

### **RIGHT KICK BALL CHANGE-2X**

**1&2** Kick right forward, step right back, step left in place

**3&4** Kick right forward, step right back, step left in place

### **RIGHT STEP FORWARD, PIVOT $\frac{1}{2}$ TURN LEFT STEP, RIGHT BUMP, BODY ROLL UP**

**5-6** Step right forward, pivot  $\frac{1}{2}$  turn to left and step left in place

**7-8** Bump hips right while bending knees, body roll up

### **REPEAT**