

LA TORTURA

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Count: 48

Wall: 2

Level: intermediate

Choreographer: The Girls (Maureen & Michelle Jones)

Music: La Tortura by Shakira

SYNCOPATED ROCKING CHAIR, SCUFF- $\frac{1}{4}$ TURN-POINT, SAILOR, SAILOR $\frac{1}{4}$ TURN

- 1&2&** Rock right forward, recover onto left, rock right back, recover onto left
- 3&4** Scuff right forward, hitch right and make $\frac{1}{4}$ turn right, point right to right
- 5&6** Step right behind left, step left to left, step right to right
- 7&8** Step left behind right, make $\frac{1}{4}$ turn left and step right to right, step left to left

During walls 2 and 5 restart dance after count 8

ROCK, RECOVER, TAP, BACK, TAP, BACK, STOMP, SIDE MAMBOS

- 9&10&** Rock right forward, recover onto left, tap right toe beside left, step right back
- 11&12** Tap left toe beside right, step left back, stomp right beside left (weight on left)
- 13&14** Rock right to right, recover onto left, step right beside left
- 15&16** Rock left to left, recover onto right, step left beside right

TOUCH, HITCH $\frac{1}{2}$ TURN, TOUCH, SHUFFLE, TOUCH, HITCH $\frac{3}{4}$ TURN, SHUFFLE

- 17&18** Touch right toe forward, hitch right and on ball of left make $\frac{1}{2}$ turn left, touch right toe forward
- 19&20** Shuffle forward stepping right, left, right (step right slightly further forward on count 19)
- 21&22** Touch left toe forward, hitch left and on ball of right make $\frac{3}{4}$ turn right, touch left toe forward
- 23&24** Shuffle forward stepping left, right, left (step left slightly further forward on count 23)

HEEL SWITCHES, TAPS, SIDE, $\frac{1}{4}$ TURN COASTER, TOUCH WITH HIP BUMPS, STEP WITH HIP BUMP

- 25&26&** Touch right heel forward, step right beside left, touch left heel forward, step left beside right
- 27&28** Tap right beside left, tap right slightly further right, step right slightly further right
- 29&30** On ball of right make $\frac{1}{4}$ turn left and step left back, step right beside left, step left forward

31&32 Touch right forward and bump hips right, bump hips left, step right slightly further forward and bump hips right

STEP- $\frac{1}{2}$ TURN-STEP, STEP- $\frac{1}{4}$ TURN-CROSS, SIDE-ROCK-CROSS, $\frac{3}{4}$ TURN

33&34 Step left forward, pivot $\frac{1}{2}$ turn right, step left forward

35&36 Step right forward, pivot $\frac{1}{4}$ turn left, step right across left

37&38 Rock left to left, recover onto right, step left across right

39-40 Make $\frac{1}{4}$ turn left and step right back, make $\frac{1}{2}$ turn left and step left forward

MODIFIED RHUMBA BOX, BACK, HEEL JACK, CROSS, BACK, HEEL JACK, CROSS

41&42 Step right to right, step left beside right, step right forward

43&44 Step left to left, step right beside left, step left forward

&45&46 Step right slightly back, touch left heel diagonally forward left, step left beside right, step right across left

&47&48 Step left slightly back, touch right heel diagonally forward right, step right beside left, step left forward

Easier option:

&45&46 Touch right heel forward, step right beside left, touch left heel forward, step left beside right

&47&48 Repeat counts &45&46

REPEAT