

# JAILBREAK

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**Count:** —                      **Wall:** 4                      **Level:** beginner/intermediate

**Choreographer:** Joyce Reid

**Music:** Jailhouse Rock by Elvis Presley

**Sequence:** AB, AB, ABB, (instrumental), AB, AB. After repeating B for the final time and music fading out, repeat counts 1-8 of Section B, starting on right leg. Start after 8 counts on vocals

## SECTION A

### HITCH, BUMP HIPS X 3, BEND KNEES & POINT TOES TWICE

- 1-2            Hitch right leg and place to right diagonal (body facing left diagonal)
- 3-4            Bump hips right and left
- 5-6            Hitch left leg and place to left diagonal (body facing right diagonal)
- 7-8            Bump hips left and right
- 9-10          Hitch right leg and place to right side
- 11-12        Bump hips right and left
- 13-14        Bend both knees slightly and point left toe to left side
- 15-16        Bend both knees slightly and point right toe to right side

**On counts 13-16 shimmy shoulders at same time**

## SECTION B

### KICKS TRAVELING FORWARD, RIGHT, LEFT, RIGHT & RIGHT

- 1-2            Kick right leg across left and return to place
- 3-4            Kick left leg across right leg and return to place
- 5-6            Kick right leg across left and return to place
- 7-8            Kick right leg across left and return to place

### CHASSE RIGHT, ROCK STEP, CHASSE LEFT ¼ TURN RIGHT, ROCK STEP

- 9&10        Step right to right side, close left beside right, step right to right side
- 11-12        Rock back on left leg, recover weight onto right leg

- 13-14** Step left to left side, close right beside left. Step left to left side making  $\frac{1}{4}$  turn right on left leg at same time
- 15-16** Rock back on right leg, recover weight onto left leg

### **HEEL GRINDS TRAVELING FORWARD, ROCK RIGHT, COASTER STEP**

- 17-18** Grind right heel to right and place foot to floor
- 19-20** Grind left heel to left and place foot to floor
- 21-22** Rock forward right, rock back on left
- 23&24** Step right foot back, step left beside right, step forward right

### **JAZZ SQUARE, $\frac{1}{2}$ PIVOT RIGHT, SHUFFLE FORWARD LEFT**

- 25-26** Cross left foot over right, step right foot back
- 27-28** Step left to left side, step right beside left
- 29-30** Step forward left, pivot  $\frac{1}{2}$  turn to right
- 31-32** Step left forward, close right beside left, step forward left