

# HEAD OVER HEELS

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**Count:** 56

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Andrew Palmer & Simon J. & Sheila A. Cox

**Music:** Head Over Heels by ABBA

## WALK, WALK, KICK-BALL-CHANGE, PIVOT ½, KICK-BALL-CHANGE

- 1-2 Step right forward, step left forward
- 3&4 Right kick ball change
- 5-6 Step right forward, turn ½ left (weight to left, 6:00)
- 7&8 Right kick ball change

## ROCK, RECOVER, COASTER-STEP, TOE-STRUT, TOE-STRUT

- 1-2 Rock right forward, recover to left
- 3&4 Coaster step right, left, right
- 5-6 Step left toe forward, drop left heel
- 7-8 Step right toe forward, drop right heel

## ROCK, RECOVER, SHUFFLE ½, PIVOT ¼, CROSS-SHUFFLE

- 1-2 Rock left forward, recover to right
- 3&4 Triple in place turning ½ left and step left, right, left (12:00)
- 5-6 Step right forward, turn ¼ left (weight to left, 9:00)
- 7&8 Crossing shuffle right, left, right

## ROCK, RECOVER, WEAVE, ROCK, RECOVER, WEAVE

- 1-2 Rock left to side, recover to right
- 3&4 Cross left behind right, step right to side, cross left over right
- 5-6 Rock right to side, recover to left
- 7&8 Cross right behind left, step left to side, cross right over left

## MAMBO, MAMBO, ROCK, RECOVER, SHUFFLE ½

- 1&2 Rock left to side, recover to right, step left in place
- 3&4 Rock right to side, recover to left, step right in place
- 5-6 Rock left forward, recover to right

**7&8** Triple in lace turning  $\frac{1}{2}$  left and step left, right, left (3:00)

**ROCK, RECOVER, SHUFFLE  $\frac{1}{2}$ , PIVOT  $\frac{1}{2}$ , KICK-BALL-CHANGE**

**1-2** Rock right forward, recover to left

**3&4** Triple in place turning  $\frac{1}{2}$  right and step right, left, right (9:00)

**5-6** Step left forward, turn  $\frac{1}{2}$  right (weight to right, 3:00)

**7&8** Left kick ball change

**PIVOT  $\frac{1}{4}$ , KICK-BALL-CHANGE, ROCK, RECOVER, COASTER-STEP**

**1-2** Step left forward, turn  $\frac{1}{4}$  right (weight to right, 6:00)

**3&4** Left kick ball change

**5-6** Rock left forward, recover to right

**7&8** Coaster step left, right, left

**REPEAT**

**RESTART**

**Facing back wall on wall 3, dance up to count 14 (left toe-heel strut), then add:**

**15-16** Step right forward, turn  $\frac{1}{2}$  left (weight to left, 12:00)

**Then start dance again**

**Facing front wall on wall 6, dance up to count 4 (right kick-ball-change), then add:**

**5-8** Step right forward, turn  $\frac{1}{2}$  left (weight to left, 6:00), step right forward, turn  $\frac{1}{2}$  left (weight to left, 12:00)

**Then start dance again**