

# My Hallelujah

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**Count:** 56

**Wall:** 4

**Level:** Phrased Intermediate

**Choreographer:** Michael Diven (April 2016)

**Music:** "Good To Be Alive (Hallelujah)" by Andy Grammar

**Intro: 16 counts, start dancing on the lyrics**

**SEQUENCE: AA B AA AAA B AA AA B AA AA**

**NOTE: Don't let the sequence scare you. You can hear the sequence in the music, very distinct parts.**

**PART A - 16 Counts - [QUICK STEP]**

**A1: RIGHT CROSS ROCK & RECOVER X 2, CROSS STEP, ¼ TURN RIGHT, COASTER STEP**

- 1&2&** Cross rock right over left, recover weight back to left foot, rock right to right side, recover weight back to left
- 3&4&** Cross rock right over left, recover weight back to left foot, rock right to right side, recover weight back to left
- 5-6** Cross step right over left, pivot ¼ turn right stepping back on left foot
- 7&8** Step back on right foot, step left foot next to right, step forward on right foot

**A2: LEFT CROSS ROCK & RECOVER X 2, SYNCOPATED EXTENDED WEAVE**

- 1&2&** Cross rock left over right, recover weight back to right foot, rock left to left side, recover weight back to right
- 3&4&** Cross rock left over right, recover weight back to right foot, rock left to left side, recover weight back to right
- 5&6&7&8** Step left to left, cross right over left, step left to left, cross right behind left, step left to left, cross right over left, step left to left

**PART B - 40 Counts [CHA CHA]**

**B1: CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, ¼ TURN SHUFFLE**

- 1-2** Cross Rock right over left, recover weight back to left
- 3&4** Step right foot to right side, step left foot next to right, step right foot to right side
- 5-6** Cross rock left over right, recover weight back to left

7&8 Pivot  $\frac{1}{4}$  turn left stepping left, right left

### **B2: STEP, $\frac{1}{2}$ TURN PIVOT, 1 $\frac{1}{2}$ TURN, SHUFFLE FORWARD**

1-2 Step forward on right foot, pivot  $\frac{1}{2}$  turn left (weight on left foot)

3-4 Pivot  $\frac{1}{2}$  turn left stepping back on right, pivot  $\frac{1}{2}$  turn stepping forward on left foot

#### **(Easier option: Just walk right, walk left)**

5-6 Step forward on right foot, pivot  $\frac{1}{2}$  turn left (weight on left foot)

7&8 Step forward on right foot, step left foot next to right, step forward on left foot

### **B3: ROCK, RECOVER, BACK SHUFFLE, ROCK, RECOVER, FULL TURN**

1-2 Rock forward on left foot, recover weight back to left foot

3&4 Step back on left foot, step right foot next to left, step back on left foot

5-6 Rock back on right foot, recover weight back on left foot

7-8 Pivot  $\frac{1}{2}$  turn left stepping back on right, pivot  $\frac{1}{2}$  turn stepping forward on left foot

#### **(Easier option: Just walk right, walk left)**

### **B4: STEP, $\frac{1}{4}$ TURN, CROSSING SHUFFLE, ROCK, RECOVER, $\frac{1}{4}$ TURN WEAVE**

1-2 Step forward on right foot, pivot  $\frac{1}{4}$  turn left

3&4 Cross step right over left, step left foot to left side, cross step right over left

5-6 Rock left foot to left side, recover weight back to right side

7&8 Step left foot behind right, pivot  $\frac{1}{4}$  turn right stepping right foot forward, step left foot forward

### **B5: ROCK, RECOVER, BACK SHUFFLE, STEP, STEP, WALK X 3**

1-2 Rock forward on right foot, recover weight back to left

3&4 Step back on right foot, step left foot next to right, step back on right foot

5-6 Step back on left foot, step back on right foot

7&8 Walk forward on left, right, left

### **REPEAT**