

Pumped Up Kicks

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Count: 64

Wall: 4

Level: Intermediate - Hustle Rhythm

Choreographer: 'Diddy' Dave Morgan (April 2012)

Music: Pumped Up Kicks (All The Other Kids Mix) by DJ Hipster. [iTunes]

Intro: 32 Counts. No Tags or Restarts.

CROSS, SIDE, BALL STEP, STEP, SIDE ROCK, BALL SIDE, BALL SIDE.

- 1-2** Cross left over right. Step right to right side.
- &3,4** Step ball of left slightly back. Step right forward. Step left forward.
- 5-6** Rock right out to right side. Recover on left.
- &7** Step ball of right beside left. Step left to left side.
- &8** Step ball of right beside left. Step left to left side.

CROSS, ¼ TURN, RUN X3, ROCK RECOVER, FULL TURN.

- 9-10** Cross right over left. Make ¼ turn right stepping back on left.
- 11&12** Run back Right, Left, Right.
- 13-14** Rock back on left. Recover on right.
- 15-16** Make ½ turn right stepping back on left. Make ½ turn right stepping forward on right. (OR WALK L,R)

STEP, SAILOR STEP, SAILOR STEP, CROSS ROCK. ¼ TURN

- 17** Step left to left side.
- 18&19** Step right slightly behind left. Step left to left side, Step right in place.
- 20&21** Step left slightly behind right. Step right to right side. Step left in place.
- 22,23,24** Cross rock right over left. Recover on left. Make ¼ turn right.

WALK L,R ENGLISH CROSS, WALK L,R,L ENGLISH CROSS, UNWIND.

- 25-26** Walk forward left. Walk forward right.
- &27** Make ¼ turn to right, step left to left side. Cross right over left.
- 28,29,30** Make ¼ turn left stepping forward on left. Walk forward right, left.
- &31** Make ¼ turn to left, step right to right side. Cross left over right.
- 32** Unwind ¾ turn right. (Weight on left)

& CROSS SIDE, & CROSS SIDE, SAILOR STEP, BEHIND SIDE CROSS.

- &33,34** Step right slightly back. Cross left over right. Step right to right side.
- &35,36** Step left slightly back. Cross right over left. Step left to left side.
- 37&38** Step right slightly behind left. Step left to left side. Step right in place.
- 39&40** Step left behind right. Step right to right side. Cross left over right.

3/4 MONTEREY TURN, KICK & CROSS. BACK, SIDE, SHUFFLE.

- 41-42** Point right to right side. Pivot on ball of left $\frac{3}{4}$ turn right. (Weight on right)
- 43&44** Kick left diagonally across right. Step left in place. Cross right over left,
- 45-46** Step back on left. Step right to right side.
- 47&48** Step forward on left. Step right beside left. Step left forward.

ROCK RECOVER, 1/2 , 1/4 , BACK & SIDE, BACK & SIDE.

- 49-50** Rock forward on right. Recover on left.
- 51-52** Make $\frac{1}{2}$ turn right stepping forward on right. Make $\frac{1}{4}$ turn right stepping left to left side.
- 53&54** Rock right behind left. Recover on left. Step right to right side.
- 55&56** Rock left behind right . Recover on right. Step left to left side.

COASTER STEP, WALK L,R, STEP $\frac{1}{2}$ PIVOT, $\frac{1}{2}$, $\frac{1}{4}$.

- 57&58** Step right back. Step left beside right. Step right forward.
- 59-60** Walk forward left. Walk forward right.
- 61-62** Step forward on left. Pivot $\frac{1}{2}$ turn right.
- 63-64** Make $\frac{1}{2}$ turn right stepping back on left. Make $\frac{1}{4}$ turn right stepping right to right side.