

FAST FORWARD

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Count: 32 **Wall:** 4 **Level:** —

Choreographer: Darren Mitchell

Music: Living In Fast Forward by Kenny Chesney

HEEL & HEEL & HEEL, HEEL, & HEEL & HEEL & HEEL, HEEL

- 1&2** Touch right heel forward, step right together, touch left heel forward
- &3-4** Step left together, touch right heel forward, touch right heel forward
- &5&6** Step right together, touch left heel forward, step left together, touch right heel forward
- &7-8** Step right together, touch left heel forward, touch left heel forward

SIDE SHUFFLE, BACK, ROCK FORWARD, SIDE SHUFFLE, BACK, ROCK FORWARD

- 1&2** Side shuffle to the left: left-right-left
- 3-4** Step right back, rock forward onto left
- 5&6** Side shuffle to the right: right-left-right
- 7-8** Step left back, rock forward onto right

½ TURN SHUFFLE, BACK, ROCK FORWARD, SHUFFLE FORWARD, COASTER FORWARD

- 1&2** Turn ½ turn right shuffle back: left-right-left
- 3-4** Step right back, rock forward onto left
- 5&6** Shuffle forward: right-left-right
- 7&8** Coaster forward: step left forward, step right together, step left back

BACK, BACK, ¼ TURN SHUFFLE FORWARD, HIP, HIP, HIP, TOUCH

- 1-2** Step right back, step left back
- 3&4** Turn ¼ turn right shuffle forward: right-left-right
- 5-6** Step left to the side pushing hips left, push hips right
- 7-8** Push hips left, touch right together

REPEAT

TAG

At the end of walls 2 (6:00) & 5 (9:00) add the following 4 counts

1-2 Step right forward at 45 degrees, touch left together & clap

3-4 Step left back at 45 degrees, touch right together & clap

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=55542