

# Feel Good

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**Count:** 64      **Wall:** 4      **Level:** Country

**Choreographer:** Shane McKeever - April 2016

**Music:** Don't It Feel Good by Home Free

## Restart: on Wall 2

### #16 Count Intro (approx. 8 secs from start of track)

#### [1-8] Step Scuff, Jazz Box, Step Scuff, Jazz Box

- 1,2**      Step Rf Fwd, Scuff Lf Fwd
- 3&4**      Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side
- 5,6**      Step Rf Fwd, Scuff Lf Fwd
- 7&8**      Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side

#### [9-16] Cross, Side Rock, Cross, ¼ Turn, Paddle ½ Turn

- 1,2**      Cross Rf in front of Lf, Rock Lf to L side
- 3,4**      Recover, Cross Lf behind Rf
- 5**      Step Rf Fwd as you ¼ Turn R (facing 3.00)
- 6,7,8** **1/8 Turn R as you touch Lf to L Side Pivoting of Rf (facing 4.30), ¼ Turn R as you touch Lf to L Side Pivoting of Rf (facing 7.30), 1/8 Turn R as you touch Lf to L Side Pivoting of Rf (facing 9.00)**

#### [17-24] Together, Side Rock, Cross, Full Turn Hitch, Slide, Hold, Cross Rock, Side

- &1,2**      Step Lf next to Rf, Rock Rf to R Side, Recover
- 3,4**      Cross Rf in front of Lf, Full Turn as you Hitch L Knee
- 5,6**      Slide Lf to L, Hold
- 7&8**      Cross Rock Rf in front of Lf, Recover, Step Rf to R Side

#### [25-32] Cross, ¼ Turn, Touch x2, Step Sweep ½ Turn, Shimmy

- 1**      Cross Lf in front of Rf,

**2&3¼ Turn R (facing 12.00) as you Touch Rf Fwd, Step Rf next to Lf, Touch Lf Fwd**

**&4** Step Lf next to Rf, Step Rf Fwd

**5,6** Sweep Lf from Back to Front as you ½ Turn R (facing 6.00), Hold

**7&8** Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd

**[33-40] Cross Touch L, Cross Touch R, Step RF Diagonally, ½ Turn, ½ Turn Sweep**

**1,2** Cross Rf in front of Lf, Touch Lf to L Side

**3,4** Cross Lf in front of Rf, Touch Rf to R Side

**5,6** Cross Rf to L diagonal (facing 4.30), 1/2 Turn L finishing with weight on Lf

**7,8½ Turn L as you Step Rf back sweeping Lf Front to Back, Hold**

**[41-48] Cross Behind, Step Diagonal, Heel Heel, Step Back, Together, Walk x3, Step Kick on Relevé**

**1,2** Cross Lf behind Rf, Step Rf Fwd as you 1/4 Turn R (facing 7.30)

**&3&4** Step L Heel Fwd, Step R Heel Fwd (splitting weight between both Heels), Step Lf Back, Step Rf next to Lf

**5,6** Step Lf Fwd, Step Rf Fwd

**7,8** Step Lf Fwd, Rise on to the ball of Lf as you Kick Rf Fwd

**Restart: happens after count 48 on wall 2, - 1/8th turn square up to wall 3**

**Bridge: happens after count 48 on wall 5 then after the Bridge you continue with count 49-64**

**[49-56] Rock, Recover, Step Back, ½ Turn Step, Hitch, Side Shuffle**

**1,2** Rock Rf to R Fwd, Recover

**3,4** Step Rf Back, Step Lf Fwd as you ½ Turn L (facing 1.30)

**5,6** Hitch R knee as you square up to 12.00

**7,8** Step Rf to R Side, Step Lf beside Rf, Step Rf to R Side

**[57-64] Jazz Box ¼ Turn, Side Touch, Elvis Walks**

**1,2** Cross Lf In front of Rf, Step Rf back as you ¼ Turn L (facing 9.00)

**3&4** Step Lf to L Side, Touch Rf next to Rf

**5,6,7,8** Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in, Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in

### **Begin Again**

### **Bridge : on Wall 5 after count 48**

**1,2** Step Rf Fwd, Hold

**3&4** Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd as you drag Lf into Rf finishing with weight on Lf

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**Last Update - 19th May 2016**