

# Just One Dance

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Christa Thomas - May 2016

**Music:** One Dance by Drake feat. Kyla and Wizkid

**Intro: 16 Counts after track reaches full speed- beginning right after drums**

**[1-8] SIDE, ROCK BACK, REC, SIDE, ROCK BACK, REC**

**1,2,3,4R Step Side (1), Hold (2), L Rock Back (3), R Rec (4)**

**5,6,7,8L Step Side (5), Hold (6), R Rock Back (7), L Rec (8)**

**[9-17] ROCK FWD, REC, ROCK BACK, ¼ TURN LEFT, ROCK FWD, REC, ROCK BACK, REC**

**1,2,3,4R Rock Fwd (1), L Rec (2), R Rock Back (3), ¼ Turn Left On L Rec (4)**

**5,6,7,8R Rock Fwd (5), L Rec (6), R Rock Back (7), L Rec (8)**

**[18-25] SIDE, ROCK BACK, REC, SIDE, ROCK BACK, REC**

**1,2,3,4R Step Side (1), Hold (2), L Rock Back (3), R Rec (4)**

**5,6,7,8L Step Side (5), Hold (6), R Rock Back (7), L Rec (8)**

**[26-32] ROCK FWD, REC, ROCK BACK, ¼ TURN LEFT, ROCK FWD, REC, ROCK BACK, REC**

**1,2,3,4R Rock Fwd (1), L Rec (2), R Rock Back (3), ¼ Turn Left On L Rec (4)**

**5,6,7,8R Rock Fwd (5), L Rec (6), R Rock Back (7), L Rec (8)**

**[33-40] SIDE, CROSS, REC, ¼ TURN L, R STEP FWD**

**1,2,3,4R Step Side (1), Hold (2), L Cross Rock Over R (3), R Rec (4)**

**5,6,7,8L Step Fwd ¼ Turn L (5) Hold (6), R Step Fwd (7), Pivot ½ Turn Left W/Weight On R (8)**

**[41-48] SHUFFLE FWD, ROCKING CHAIR**

**1,2,3,4L Step Fwd (1), R Step To L (2), L Step Fwd (3), Hold (4)**

**5,6,7,8R Rock Fwd (5), L Rec (6), R Rock Back (7) , L Rec (8)**

**[49-56] STEP, CROSS, BACK, TOGETHER, TOUCH, STEP**

**1,2,3,4R Step Fwd (1), Hold (2), L Cross Over R (3), Hold (4)**

**5,6,7,8R Step Back (5), L Together (6), R Touch Fwd (7), R Step To R (8)**

**[57-64] KICK BALL CHANGE, RUN FWD**

**1,2,3,4L Kick (1), L Step In Place (2), R Step Fwd (3), Hold (4)**

**5,6,7,8(Swinging Hips) Take Small Steps Fwd - L (5), R (6), L (7), Hold (8)**

**REPEAT AND ENJOY!!!**