

# Country Time

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**Count:** 32

**Wall:** 2

**Level:** Contra Beginner / Improver (depending on music cho

**Choreographer:** Flo Moresteps (France - Jan. 2016)

**Music:** Countrified Soul (Emerson Drive) - Countrified - 119 BPM

**Notes: 4 Tags and Bridges**

**Suggestion of alternate musics (32 count - no tag)**

**Cripple Creek (Jim Rast & Keep Sweeny) - 131BPM**

**Mama don't allow (The Jive Aces) - 147BPM**

**Cotton Eyed Joe (Rednex) - 132 BPM**

**Section 1: Side Rock R, Cross Shuffle, Side Rock L, Cross Shuffle**

**1-2** Rock R to right, Recover on LF

**3&4** Cross RF in front of LF, Ball of LF next to RF, Cross RF in front of LF

**5-6** Rock L to left, Recover on RF

**7&8** Cross LF in front of RF, Ball of RF next to LF, Cross LF in front of RF

**Section 2: Gallop turn, Toe-Touch-Toe, Coaster Step**

**1&2&3&4** Gallop turn to right in a little circle for 4 counts: RF, Ball of LF next to RF, RF, Ball of LF next to RF, RF, Ball of LF next to RF, RF

**5&6** Touch left Toes to left side, Touch left toes next to RF, Touch left toes to left side

**7&8LF back, RF next to LF, LF forward**

**Section 3: Shuffle Fwd, Rock Fwd (contra: + Clap), Shuffle Bkwd, Coaster Step**

**1&2** Shuffle R forward

**3-4** Rock LF forward (contra : Clap facing line hands), Recover on RF

**5&6** Shuffle L backward

**7&8RF back, LF next to RF, RF forward**

**Section 4: ¼ turn R, Double L side shuffle, Jazz box ¼ R**

## **&¼ turn to R**

**1&2&3&4** Side shuffle for counts (LF to left, Ball of RF next to LF, repeat 4 times)

**5-6-7-8** Cross RF in front of LF, LF back, ¼ to right stepping RF forward, LF next to RF

**Breath in, Look straight ahead, Smile!**

**Details for « Countrified Soul » music**

**Intro: Start with lyrics (32 counts on cut music)**

**Sequence: 32, 32, TAG+BRIDGE, 32, 32, TAG+BRIDGE, 32, 32, TAG+TAG2, 32, TAG, 32**

**First 3 tags when returning to starting wall, last one on opposite wall.**

### **TAG:**

**1-2** Slap hands on outside of thighs to back, then front

**3-4** Clap hands twice (contra: clap hands of persons to left and right sides)

### **TAG2:**

**1-2** Clap hands twice (contra: clap hands of persons to left and right sides)

### **BRIDGE:**

#### **Section 1 : Side Rock R, Kick, Kick, Side Rock, Kick-and-Toe**

**1-2** Rock RF to right, Recover on LF

**3-4** Kick RF, Kick RF

**5-6** Rock RF to right, Recover on LF

**7&8** Kick RF, RF next to LF, Touch LF next to RF

#### **Section 2 : Side Rock L, Kick, Kick, Side Rock, Kick-and-Toe**

**1-2** Rock LF to left, Recover on RF

**3-4** Kick LF, Kick LF

**5-6** Rock LF to left, Recover on RF

**7&8** Kick LF, LF next to RF, Touch RF next to LF

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