

FOLSOM PRISON BLUES

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Nadia Friel

Music: Folsom Prison Blues by The Sunny Cowgirls

FORWARD, TOGETHER, COASTER, PIVOT ½, PIVOT ½

- 1-2 Step right forward, step left beside right
- 3&4 Coaster - step right back, step left beside left, step right forward
- 5-8 Step left forward, pivot ½ right, step left forward, pivot ½ right

TAP, HITCH, TAP, HITCH, SIDE SHUFFLE, TAP, HITCH, TAP, HITCH, SIDE SHUFFLE

- 1&2& Tap left foot beside right, hitch left, tap left foot beside right, hitch left
- 3&4 Shuffle left-right-left to left side
- 5&6& Tap right foot beside left, hitch right, tap right foot beside left, hitch right
- 7&8 Shuffle right-left-right to right side

CROSS, ¼ TURN, COASTER, SHUFFLE FORWARD, PIVOT ½ TURN

- 1-2 Step left across right, step right back turning ¼ left
- 3&4 Coaster - step left back, step right beside left, step left forward
- 5&6 Shuffle forward right-left-right
- 7-8 Step left forward, pivot ½ right taking weight onto right

SHUFFLE FORWARD, ¼ TURN, ½ TURN, CROSS, BACK, SIDE, SIDE CROSS, SIDE SIDE

- 1&2 Shuffle forward left-right-left
- 3-4 Turn ¼ left and step right to right side, turn ½ left and step left to left side
- 5& Cross/step right across left, rock/replace weight to left
- 6& Step/rock right to right side, rock/replace weight to left
- 7&8 Cross/step right across left, step left to left side, step right to right side

ACROSS, ¼ TURN, COASTER, ½ TURN, ½, TURN

- 1-2 Step left across right, turn ¼ left and step right back
- 3&4 Coaster - step left back, step right beside left, step left forward
- 5-6 Step right forward, pivot ½ left changing weight to left

7-8 Step right forward, pivot $\frac{1}{2}$ left changing weight to left

SIDE SHUFFLE, ROCK BACK AND FORWARD, SIDE SHUFFLE, ROCK BACK AND FORWARD

1&2 Side shuffle right-left-right to right side

3-4 Step/rock left back, rock forward on right

5&6 Side shuffle left-right-left to left side

7-8 Step/rock right back, rock forward on left

REPEAT

RESTART

On 3rd wall (9:00 wall) change counts 43&44 to a coaster as follows

3&4 Coaster back - step left back, step right beside left, step left forward

On 4th wall (front wall) change counts 43&44 to a coaster as follows

3&4 Coaster back - step left back, step right beside left, step left forward

ENDING

After first 2 counts of dance (forward, together) do a turning $\frac{1}{4}$ left coaster to the front as follows:

1&2 Step right back, turn $\frac{1}{4}$ left and step left to side, step right forward

You are now facing the front