

Open Your Heart

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Count: 32

Wall: —

Level: Intermediate / Advanced

Choreographer: Jonas Dahlgren & Ivonne Verhagen - September 2017

Music: Open Your Heart by Jill Jonsson

Intro Start after 16 counts (on vocals)

SWAY RIGHT, SWAY LEFT (POINT RIGHT HAND UP, DOWN, CIRCLE), SIDE, ROCK, 1/8 LEFT, CROSS, 1/2 TURN RIGHT, FULL TURN, ROCK

1,2RF sway right, LF sway left (R hand point up, R hand middle, R hand make circle right)

3-4&5RF step side, LF rock back, RF weight on RF, 1/8 turn left & LF step forward (RF sweep to front)

6&7RF cross over LF, LF step back, 1/2 turn right & RF step forward

8&1/2 turn right & LF step back, 1/2 turn right & RF step forward **

ROCK FORWARD, STEP 2X BACK, 1/8 TURN RIGHT, HAND MOVEMENTS, 1/4 TURN LEFT, SWEEP, JAZZ BOX, STEP BACK, SWEEP, STEP BACK, SWEEP

1LF rock forward (point R hand forward),

2&3RF step back, LF step back, 1/8 turn right & RF step side (R hand point right side & look right)

4&5 Weight on LF and move R hand left, Weight on RF and move R hand right, 1/4 turn left & LF step forward (sweep RF to the front)

6&7RF cross over LF, LF step side, RF step back

8&LF step back (Sweep RF back), RF step back, (Sweep LF back)

1/4 TURN LEFT & STEP SIDE, ROCK SIDE, 1/4 TURN LEFT, STEP, JAZZ BOX 1/4 LEFT, COASTER 1/4 LEFT, JAZZ BOX 1/4 TURN LEFT

1,2&31/4 turn left & LF step side, Rock RF side, 1/4 turn left & LF step forward, RF step forward

4&5LF cross over RF, 1/4 turn left & RF step back, LF step side

6&7RF step back, $\frac{1}{4}$ turn left & LF close to RF, RF step forward

8&1LF cross over RF, $\frac{1}{4}$ turn left & RF step back, LF step side

COASTER $\frac{1}{4}$ LEFT, 3x WALK FORWARD (BOTH HANDS FORWARD UP), 3 X WALK BACK, $\frac{1}{4}$ TURN LEFT, BOTH HANDS DOWN

2&3RF step back, $\frac{1}{4}$ turn left & LF close to RF, RF step forward

4&5LF step forward, RF step forward, LF step forward (Lift both hands up to the front)

6&7RF step back, LF step back, RF step back, (slowly hands bit lower)

8& $\frac{1}{4}$ turn left, hands down

****Restart/Tag in wall 4 after 8 counts:**

Change count 8 into LF step Left (and Restart the dance

End of the dance. Have Fun!