

Count: 32

Wall: 2

Level: intermediate

Choreographer: Mike Parkinson

Music: High by The Lighthouse Family

ROCK FORWARD RIGHT, REPLACE LEFT, ROCK BACKWARDS RIGHT, REPLACE LEFT, STEP FORWARD RIGHT, ¼ TURN LEFT

- 1& Rock forward on right (lifting left slightly), replace left
2& Rock backwards on right (lifting left slightly), replace left
3-4 Step forward on right, ¼ turn left on left

ROCK FORWARD RIGHT, REPLACE LEFT, ROCK BACKWARDS RIGHT, REPLACE LEFT, STEP FORWARD RIGHT, ¼ TURN LEFT

- 5& Rock forward on right (lifting left slightly), replace left
6& Rock backwards on right (lifting left slightly), replace left
7-8 Step forward on right, ¼ turn left on left

RIGHT COASTER STEP, STEP BACK LEFT, CROSS-STEP-CROSS (CROSS SHUFFLE)

- 1&2 Step forward on right, step left next to right, step backwards on right
& Step backwards on left
3&4 Cross step right over left, step left side slightly, cross step right over left

LEFT COASTER STEP, STEP BACK RIGHT, CROSS-STEP-CROSS (CROSS SHUFFLE)

- 5&6 Step forward on left, step right next to left, step backwards on left
& Step backwards on right
7&8 Cross step left over right, step right side slightly, cross step left over right

RIGHT SIDE SHUFFLE, STEP LEFT BEHIND, UNWIND ½ TURN LEFT

- 1&2 Step right to right side, step left next to right, step right to right side
3-4 Step left behind right, unwind ½ turn left dip as you turn
5&6 Step right to right side, step left next to right, step right to right side
7-8 Step left behind right, unwind ½ turn left dip as you turn

**SYNCOPATED - JUMP OUT & OUT, HOLD & CLAP, JUMP IN & IN, HOLD & CLAP,
SYNCOPATED - JUMP OUT & OUT & IN & IN & OUT & OUT & IN & IN**

- &1** Jump slightly out to the right with right, jump slightly out top the left with left
- 2** Hold & clap
- &3** Jump slightly in to the left with right, jump slightly in to the right with left
- 4** Hold & clap
- &5** Jump slightly out to the right with right, jump slightly out to the left with left
- &6** Jump slightly in to the left with right, ump slightly in to the right with left
- &7** Jump slightly out to the right with right, jump slightly out to the left with left
- &8** Jump slightly in to the left with right, ump slightly in to the right with left

REPEAT