

Caledonia

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Count: 51 **Wall:** — **Level:** Phrased Intermediate waltz

Choreographer: Nicola Lafferty (April 2015)

Music: Caledonia by Ward Thomas. (Album: From Where We Stand)

Intro: 12 Count Intro

Note: Sequence of the dance is A A B B Tag A A B B B A A B to finish

It sounds complicated - but A is the verse and B is the Chorus

Part A (Verse - 27 Counts):

[1-6] Syncopated Weave, Cross Check

- 1& Cross LF over RF, Step RF to R side
2,3 Cross LF behind RF, Step RF to R side
4,5,6 Cross rock LF over RF, Recover weight to RF, Step LF to L side

[7-12] Twinkle with ½ Turn, Cross Unwind, Sweep

- 1,2,3 Cross RF over LF, make a ¼ turn to R stepping LF back, make ¼ turn to R stepping RF to R side (face 6.00)
4,5,6 Cross LF over RF, Unwind a full turn to R (keeping weight on LF), Sweep RF round from front to back

[13-18] Step Back, Side Rock Recover, Step Back Point and Hold

- 1,2,3 Step RF back, Rock LF to L side, recover weight to RF
4,5,6 Step LF back, Point RF to R side, Hold

[19-24] Full turn travelling fwd, Step fwd, Step ½ Pivot Left

- 1,2,3 Step RF fwd, make ½ turn R stepping LF back, make ½ turn R stepping RF fwd
4,5,6 Step LF fwd, Step RF fwd, ½ pivot turn L transferring weight to LF (face 12.00)

[25-27] Slow ½ Turn to Right

- 1,2,3 Making ½ turn over your R shoulder, slowly transfer the weight from L to R

Part B (Chorus - 24 Counts):

[1-6] Left Box into a Side Chasse

1,2,3 Step LF fwd, Step RF to R side, Close LF to RF

4,5&6 Step RF back, Step LF to L side, Close RF to LF, Step LF to L side

[7-12] Right Box into a Side Chasse

1,2,3 Step RF fwd, Step LF to L side, Close RF to LF

4,5&6 Step LF back, Step RF to R side, Close LF to RF, Step RF to R side

[13-18] Twinkle, Lock step with ½ Turn Right

1,2,3 Cross LF over RF, Step RF to R side, Step LF to L diagonal

4,5&6 Step RF fwd, making ½ turn over R shoulder, Step LF back, Lock RF in front of LF, Step LF a small step back (face 6.00)

[17-24] Basic Fwd, Step fwd, ½ Turn to Left, Hold

1,2,3 Walk Fwd RF, LF, RF

4,5,6 Step LF fwd, make ½ Turn to L closing RF to LF, Hold

Tag (6 Counts:

[1-6] 2 x Cross Checks

1,2,3 Cross rock LF over RF, recover weight to RF, Step LF to L side

4,5,6 Cross rock RF over LF, recover weight to LF, Step RF to R side

Last Update - 26th April 2015