

# Blue Rich Mountains

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** High Beginner

**Choreographer:** Marie Sørensen (Sunshine Cowgirl) - Dk - July 2012

**Music:** "Blue Ridge Mountain Blues" by Black Hills Country Band (iTunes)

**Intro: 32 Counts - No Tags, No Restart !**

**Side, Behind, Ball Step, Side, Rock, Recover, ¼ Turn Shuffle**

- 1-2            Step Right to Right side, cross Left behind Right
- &3-4         Step Right to Right side, cross Left in front of Right, step Right to Right side
- 5-6            Rock Left in front of Right, recover

**7&8¼ turn Left, step fwd. Left, step Right beside Left, step fwd. Left (09:00)**

**Shuffle, Rock, Recover, Coaster Step, Step, Stomp**

- 1&2            Step fwd. Right, step Left beside Right, step fwd. Right
- 3-4            Rock fwd. Left, recover
- 5&6            Step back on Left, step Right beside Left, step fwd. Left
- 7-8            Step fwd. Right, stomp Left (09:00)

**Stomp, Kick, Behind, Side, Cross, Stomp, Kick, Behind, Side, Cross**

- 1-2            Stomp Left, Kick Left fwd.
- 3&4            Cross Left behind Right, step Right to Right side, cross Left in front of Right
- 5-6            Stomp Right, kick Right fwd.
- 7&8            Cross Right behind Left, step Left to Left side, cross Right in front of Left (09:00)

**Chasse, Rock, Recover, Kick Ball Step Twice**

- 1&2            Step Left to Left side, step Right beside Left, step Left to Left side
- 3-4            Back rock Right, recover
- 5&6            Kick Right fwd. step Right in place, step fwd. Left
- 7&8            Kick Right fwd. step Right in place, step fwd. Left (09:00)

**Have Fun!**

**Contact: [www.sunshine-cowgirl-linedance.dk](http://www.sunshine-cowgirl-linedance.dk) - [sunshinecowgirl1960@gmail.com](mailto:sunshinecowgirl1960@gmail.com)**

