

Feel Good!

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Lisen Persson

Music: Feel Good by Ola Svensson

Walk, Walk, Shuffle, Rock, Recover, Shuffle ½ Left

- 1-2** Walk right forward, walk left forward
- 3&4** Step right forward, step left together, step right forward
- 5-6** Rock left forward, recover to right
- 7&8** Turn ¼ left and step left to side, step right together, turn ¼ left and step left forward (facing 6:00)

Turn ¼ Left, Behind, Side, Cross Shuffle, Rock, Recover, Cross Shuffle

- &1-2** Turn ¼ left and step right to side, cross left behind right, step right to side (facing 3:00)
- 3&4** Cross left over right, step right together, cross left over right
- 5-6** Rock right to side, recover to left
- 7&8** Cross right over left, step left together, cross right over left

Step, Cross, Unwind ½ Right, Rock, Recover, Cross Shuffle, Kick Ball Touch

- &1-2** Step left to side, cross right behind left, unwind ½ right (weight on left, facing 9:00)
- 3-4** Rock right to right, recover to left
- 5&6** Cross right over left, step left together, cross right over left
- 7&8** Kick left diagonally left, step left together, touch right to side

Cross, Touch, Cross, Touch, Jazz Box (Cross)

- 1-2** Cross right over left, touch left to side
- 3-4** Cross left over right, touch right to side
- 5-6** Cross right over left, step left back
- 7-8** Step right to side, cross left over right

Restart Here On Your 3rd Wall

Rock, Recover, Cross Shuffle, Side, Turn ¼ Right, Cross Shuffle

- 1-2** Rock right to right, recover to left

- 3&4** Cross right over left, step left beside right, cross right over left
- 5-6** Step left to side, turn $\frac{1}{4}$ right and step right to side (facing 12:00)
- 7&8** Cross left over right, step right together, cross left over right

Side, Heel & Toe Swivels, Knee Pop, Coaster Step, Heel Bounce (& Knee Pops)

- 1** Step right to side
- 2&3** Swivel left heel towards right, swivel right heel out to right, swivel left toe towards right
- 4-5** Swivel right toe out to right, pop right knee (diagonally right, weight on left)
- 6&7** Step right back, step left beside right, step right forward
- 8&1** Step left forward, lift both heels up (pop knees forward), put heels back down (weight on right)

Coaster Step, Step, Bounce Turn $\frac{1}{2}$ Left, Coaster Step, Kick Ball Step

- 2&3** Step left back, step right beside left, step left forward
- 4&5** Step right forward, turn $\frac{1}{2}$ left as you bounce heels twice (weight on right, facing 6:00)
- 6&7** Step left back, step right together, step left forward
- 8&1** Kick right forward, step right together, step left forward

On your 6th wall there is a BREAK in the music. Hold 2-3-4 & step left together and start over again

Twist, Twist, Coaster Cross $\frac{1}{4}$ Left, Sway, Sway, Touch

- 2-3** Twist heels to left and turn body $\frac{1}{8}$ right, twist heels and body back to center (weight on right)
- 4&5** Step left back, step right together, turn $\frac{1}{4}$ left and cross left over right (facing 3:00)
- 6-8** Step right to right and sway hips right, left, touch right together

Repeat

TAG: After your 1st and 4th wall

Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

- 1-2** Rock right to right, recover to left
- 3&4** Cross right behind left, step left beside right, cross right over left
- 5-6** Rock left to left, recover to right

7&8

Cross left behind right, step right beside left, cross left over right

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=75936