

Lose You

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Count: 32

Wall: 2

Level: Intermediate Rolling Count

Choreographer: Travis Taylor (April 2015)

Music: Like I'm Gonna Lose You by Meghan Trainor ft John Legend. Album: Title (approx. 3:45min - iTunes)

INTRO: See Note Below*

S1: BACK ROCK & BACK ROCK, 1/8R, BEHIND SWEEP, BEHIND & PRISSY WALK, WALK

- 1-2&** Rock R back towards 1:30, Replace wt on L, 1/2L step R back towards 7:30
- 3-4&** Rock L back, Replace wt on R, 1/8R step L to L towards 9:00
- 5-6&** Step R behind L whilst Sweeping L around, Step L behind R, Step R to R
- 7-8** Step L FWD slightly crossed over R, Step R FWD slightly crossed over L

S2: FWD ROCK, 1/2L, FWD ROCK, 1/4R, CROSS, SIDE ROCK, CROSS, 1/4R

- 1-2&** Rock L FWD, Replace wt on R, 1/2L step L FWD (3:00)
- 3-4&** Rock R FWD, Replace wt on L, 1/4R step R to R (6:00)
- 5-6-7** Cross L over R, Rock R to R, Replace wt on L
- 8&** Cross R over L, 1/4R step L back (Continue into a 1/4R for Count 1) (9:00)

***START DANCE HERE: FACING 12:00: STEP R TO R SIDE SWAYING HIPS**

S3: 1/4R SWAY R- L, TRIPLE FULL TURN R, CROSS ROCK & CROSS, SIDE, BEHIND, SIDE

1-2 1/4R step R to R sway hips to R, Replace wt on L sway hips to L (12:00)

3&4 1/4R step R FWD, 1/2R step L back, 1/4R step R to R (12:00)

- 5-6** Cross Rock L over R, Replace wt on R
- &7&8** Step L to L, Cross R over L, Step L to L, Step R behind L
- &** Step L to L facing towards 10:30

S4: FWD ROCK & BACK ROCK, 1/4R, BEHIND, 1/8R, CROSS, 1/8R, BEHIND, 1/8R, CROSS, 1/8R (SEMI -CIRCLE WEAVE)

- 1-2&** Rock R FWD, Replace wt on L, Step/Switch R next to L (10:30)
- 3-4** Rock L back, Replace wt on R (Getting ready to Step 1/4R towards 1:30)

&5&61/4R step L to L (1:30), Step R behind L, 1/8R step L to L, Cross R over L (3:00)

&7&81/8R step L to L (4:30), Step R behind L, 1/8R step L to L, Cross R over L (6:00)

&1/8R step L to L towards 7:30 to start again on Count 1

NOTE: The weave is meant to be travelling in a semi-circle

Note: You will begin the dance on the 16th Count (Sway-Sway) after 16 Counts from the start of the song - This is just so you don't have to rush to start the dance

Contact ~ Travis Taylor - dancewithtravis@gmail.com - travvyt.wix.com/dance - 0435 810 915