

# Nothin' at All Cha

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**Count:** 32                      **Wall:** 2                      **Level:** Intermediate Cha Cha

**Choreographer:** Nina Skyrud, NOR (1 April 2018)

**Music:** "Nothin' at All" by Shotgun Rider. Album: Palo Duro (March 30, 2018)

**Start the dance at the vocal after 32 counts**

**Note: 3 Restarts: Wall 2 (after 24 counts), wall 4 (after 16 counts) and wall 6 (after 24 counts)**

**[1-8] Step, Side Rock-Recover, Step-Lock-Step, ½ Turn right, Step-Lock-Step**

- 1-2-3**            Step left foot forward (1), Step right foot to the right side pushing right hip right (2), Recover onto left foot pushing left hip left (3)
- 4-&-5**            Step right foot forward (4), Lock left foot behind right (&), Step right foot forward (5)
- 6-7**              Step left foot forward (6), Make ½ Turn right stepping right foot forward (7)
- 8-&-1**            Step left foot forward (8), Lock right foot behind left (&), Step left foot forward (1). [6:00]

**[9-16] Spiral-Turn left, Step, Step-Lock-Step, Rock-Recover, Step back, ¼ Turn right, Cross**

- 2-3**              Step right foot forward and slightly across left and make 1/1 turn (spiral) left (2), Step left foot forward (3)

**Optional for the spiral for count 2-3: Walk, Walk: Step right foot forward (2), Step left foot forward (3)**

- 4-&-5**            Step right foot forward (4), Lock left foot behind right (&), Step right foot forward (5)
- 6-7**              Rock left foot forward (6), Recover onto right foot (7).
- 8-&-1**            Step left foot back (8), Make ¼ Turn right stepping right foot to the side (&), Cross left foot over right (1) [9:00]

**Note: Restart here on wall 4**

**[17-24] Side Rock-Recover, Right Chasse, Side Rock-Recover, Sailor ¼ Turn left**

- 2-3**              Step right foot to the right side pushing right hip right (2), Recover onto left foot pushing left hip left (3)
- 4-&-5**            Step right foot to the right side (4), Step left foot next to right (&), Step right foot to the right side (5)

- 6-7** Step left foot to the left side pushing left hip left (6), Recover onto right foot pushing right hip right (7)
- 8-&-1** Cross left behind right (8), Make  $\frac{1}{4}$  turn left stepping right foot to the right side (&), Step left foot forward (1) [6:00]

**Note: Restart here on wall 2 and 6**

**[25-32] Walk, Walk, Mambo-Step, Walk, Walk, Mambo-Step**

- 2-3** Step right foot forward (2), Step left foot forward (3)
- 4-&-5** Step right foot forward (4), Recover onto left (&), Step right foot back (5)
- 6-7** Step left foot back (6), Step right foot back (7)
- 8-&-(1)Step left foot back (8), Recover onto right (&), Step left foot forward (1)\***

**\*The last step forward is the first step in the routine.**

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