

# Dayum Insane

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**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Pat Esper - June 2016

**Music:** "She's Crazy" by Moonshine Bandits

## **[1-8]: Walk, Walk, Triple forward, Step, Hip roll, Step, Hip roll**

**1-2.** Step forward on the left foot. Step forward on the right foot.

**3&4.** Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

**5-6.** Step forward slightly on the right foot. Roll the hips counter clockwise making and eighth turn to the left.

**7-8.** Step forward slightly on the right foot. Roll the hips counter clockwise making and eighth turn to the left.

## **[9-16]: Cross, Side, Half turn into a side triple, Cross rock, Recover, Quarter turn triple forward**

**1-2.** Step the right foot across the left. Step the left foot to the side.

**3&4.** Turn a half turn to the right and step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.

**5-6.** Rock the left foot across the right. Recover onto the right foot.

**7&8.** Turn a quarter turn to the left and step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

## **[17-24]: Step, Half turn, K-step modified**

**1-2.** Step forward on the right foot. Pivot a half turn to the left.

**3-4.** Step forward at an angle on the right foot. Touch the left foot next to the right.

**5-6.** Step back at an angle on the left foot. Touch the right foot next to the left.

**7-8.** Step back at an angle on the right foot. Touch the left foot next to the right.

**[25-32]: Heel, Touch, Hip shimmy, Heel, Touch, Hip shimmy**

**1-2.Touch the left heel forward. Touch the left foot next to the right.**

**3&4.Step the left foot to the side while bumping the hips to the left, Bump the hips to the right, Bump the hips to the left.**

**5-6.Touch the right heel forward. Touch the right foot next to the left.**

**7&8.Step the right foot to the side bumping the hips to the right, Bump the hips to the left, Bump the hips to the right.**

**Start again - No Tag/Restarts**

**Teaching and Demo videos coming soon.**

**Check out our website for other dances at: <http://ptesper.wix.com/redneckrevolution>**

**Contact: [ptesper@gmail.com](mailto:ptesper@gmail.com) On Facebook at: [The Redneck Revolution \(of music and dance with Pat Esper\)](#)**