

Corazon Y Vida

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Count: 32 **Wall:** 4 **Level:** Improver - Cha Cha

Choreographer: Francien Sittrop (Dec 2012)

Music: Marcos Llunas - Alma, Corazon y Vida (Feat. Tamara)

Intro: Start after 32 Counts

[1 - 9] Step fwd , Rock Recover , Lockstep Back, Rock Recover, Shuffle ¼ R

- 1 - 3 Step L Diagonally fwd , Cross Rock R over L, Recover on L
- 4 & 5 Step R Diag R back, Lock L across R, Step R Diag back
- 6 - 7 Rock L back , Recover on R (12.00)
- 8 & 1 Step L to L side, Step R next to L***R***, ¼ R step L Back (03.00)

Body Movement :Option count 6 - 7 : You can make ¼ Turn L and watch over your L shoulder and recover back)

[10-16] ¼ R Rock Recover, Behind Side Cross, Side Rock Recover, Sailor ¼ L

- 2 - 3¼ **Turn R rock R to R side, Recover on L (06.00)**
- 4 & 5 Step R behind L, Step L to L side, Step R across L
- 6 - 7 Rock L to L side, Recover on R
- 8 & Sweep L behind R with ¼ Turn L, Step R next to L (03.00)

[17-24] Fwd (last step of Sailor). Lock, Lock Step fwd, Cross, Back, Shuffle ½ R

- 1 - 2 Step L fwd , Lock R behind L
- 3 & 4 Step L fwd, Lock R behind R, Step L fwd
- 5 - 6 Step R across L, Step L back

7 & 8¼ Turn R step R to R side, Step L next to R, ¼ R step R fwd (09.00)

[25-32] Step fwd, Pivot ½ R, Step fwd, Pivot ½ R with Touch, Side Rock Recover, Crossing Shuffle

- 1 - 2 Step L fwd, Pivot ½ Turn R
- 3 - 4 Step L fwd, Pivot ½ Turn R and Touch R across L foot
- 5 - 6 Rock R to R side , Recover on L

7 & 8 Step R across L, Step L to L side, Step R across L

Enjoy the Music and you may use your hips

Start Again

Restart : Wall 7 After count 8& start again with count 1

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=a-ID90360