

Cold

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Count: 80

Wall: 4

Level: Phrased High Improver

Choreographer: Monica Suzor (Line 'n Dance) (MRU) - April 2017

Music: "Cold" by Maroon 5 (ft. Future)

Intro: 4 counts (St on vocals). Start with weight on L foot.

Sequence: A x 2 , TAG, B, A, C, C 16, TAG, B, A, C x 2, TAG, B, C x 3, TAG

TAG (1 count) - (each time on the word "COLD"): Stomp R Foot (weight on L) (optional styling: raise right fist and touch heart)

SECTION A: 16 COUNTS

A1: [1-8] Side, Hold, Rock Back, Recover , Side, Hold, 1/4 RT Rock Back, Recover

1,2 Big Step R to R, Hold (drag L ft to R)

3,4 Rock L behind R, Recover R

5,6 Big Step L to L, Hold (drag R ft to L)

7,8 1/4 Turn R Rock R behind L, Recover L

A2 : [9-16] Reverse Rumba Box

1-4 Step R to R, step L next to R, step back on R, Hold

5-8 Step L to L, step R next to L, step forward on L, Hold

SECTION B: 32 COUNTS

B1 (1-8): Walk, Walk, Heel, Heel, Back, Back, Back, Touch

1-4 Step forward on R, Step forward on L, Dig R heel forward twice

5-8 Step back R, L, R, Touch L next to R

B2 (9-16): Walk, Walk, Heel, Heel, Back, Back, Back, Touch

1-4 Step forward on L, Step forward on R, Dig L heel forward twice

5-8 Step back L, R, L, Touch R next to L

B3 (17-24): Side, Hold, Ball-Side, Touch, x 2

1-2, &3, 4 Step R to R side (1), Hold (2), quick ball step L next to R (&), step R to R side (3), touch L next to R (4) (Styling: Swing hips)

5-6, &7, 8 Step L to L side (5), Hold (6), quick ball step R next to L (&), step L to L side (7), touch R next to L (8) (Styling: Swing hips)

B4 (25-32): V step, Hip roll CCW

1-4 Step forward and out on R & L, Step back and in on R & L (weight on L)

5-8 Hip roll CCW (Ball of R ft in place) (weight on L)

SECTION C: 32 COUNTS

C1: [1-8] Samba Whisk RL, Volta 1/2 R Arch

1&2 Step R to R, Rock L behind R, Recover R

3&4 Step L to L, Rock R behind L, Recover L

5&6&¼ turn R, RF slightly forward (5), Lock LF behind R(&), ¼ turn R, RF slightly forward (6), Lock LF behind R (&)

7&8RF slightly forward (7), Lock LF behind R (&), RF slightly forward (8)

C2: [9-16] Samba Whisk LR, Volta 1/2 L Arch

1&2 Step L to L, Rock R behind L, Recover L

3&4 Step R to R, Rock L behind R, Recover R

5&6&¼ turn L, LF slightly forward (5), Lock RF behind L(&), ¼ turn L, LF slightly forward (6), Lock RF behind L (&)

7&8LF slightly forward (7), Lock RF behind L (&), LF slightly forward (8)

C3: [17-24] Cross Bota Fogo x2, Stationary Samba Walks

1&2 Step R across L, Step L to L, Recover R

3&4 Step L across R, Step R to R, Recover L

5&6 Step R forward, Rock L back (ball of ft), Recover back onto R (small slide R ft back).

7&8 Step L forward (in alignment with R), Rock R back (ball of ft), Recover back onto L (small slide L ft back)

C4: [25-32] Cross Bota Fogo x2, Stationary Samba Walks

1&2 Step R across L, Step L to L, Recover R

3&4 Step L across R, Step R to R, Recover L

5&6 Step R forward, Rock L back (ball of ft) , Recover back onto R (small slide R ft back).

7&8 Step L forward (in alignment with R), Rock R back (ball of ft), Recover back onto L (small slide L ft back)

Note: Dance ends facing 12 o'clock.

Last update3: 16.4.2017