

Body Shots

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Shea McCafferty (USA) April 2018

Music: "Body Shots" - Kaci Battaglia. Approx. 4.04 mins

Count In: Dance begins after 16cts.

Notes: There is an 8ct tag at the end of wall 2. There is one restart on wall 4. Dance 48 cts. Then Restart the dance.

[1 - 8] R Rock forward, L Recover, R Sailor Step with Heel, Ball Cross, Knee Pops, Chug turn x2

- 1 2** Rock R forward slightly lifting L off ground (1) Recover L starting to Sweep R (2) 12
- 3 & 4** Step R behind L (3) Step L to left side (&) Touch R heel to right side (4) 12
- &5&6** Step R in place (&) Cross L over R (5) Raise both heels popping both knees (&) Lower both heels (6) 12
- 7 8** Step R to right side (7) Make 1/8 turn right stepping R to right side (8) 10

[9 - 16] R Step Out, L Step Out, Body Roll, Body Roll Stepping R Back, Ball Step, ¼ turn And Point

- 1 2** Make 1/8 turn right stepping R to right side squaring up to 9 o'clock (1) Step L to left side (2) 9
- 3 4 5 6** Body Roll in place (3, 4) *weight ends L, Touch R Back body roll (5) Body roll (6) *transfer weight L 9
- &7 8** Step L next to R (&) Step R back making ¼ turn (7), point L to left side (8) 12

[17 - 24] ¼ turn, ½ turn, L Coaster Step, R Step Touch, L Step Touch, R Press, Push Back with Small Kick

- 1 2** Make ¼ turn left stepping forward L (1) Make ½ turn left stepping back R (2) 3
- 3&4** Step L back (3) Step R next to L (&) Step L forward (4) 3
- 5&6&** Step R to right diagonal (5) Touch L next to R (&) Step L to left diagonal (6) Touch R next to L (&) 3
- 7 8** Press R to forward R side slightly lifting L off ground (7) Press off R to take weight L kicking R out (8) 4:30

[25 - 32] R Triple Step, L Step Half Pivot, L Step Forward, Dorothy Steps R-L

- 1&2** Step R forward (1) Step L next to R (&) Step R forward (2) 4:30
- 3&4** Step L forward (3) $\frac{1}{2}$ Pivot turn right (&) Step L next to R (4) 10:30
- 5 6 &** Step R to right diagonal (5) Lock L behind R (6) Step R to right diagonal (&) 10:30
- 7 8 &** Step L to left diagonal (5) Lock R behind L (6) Step L to left diagonal (&) 10:30

[33 - 40] R Step, L Point Behind, L Rock and Cross, Toe Struts

- 1 2** Step R to right side (1) Point L behind R (2) 9
- 3&4** Rock L to left side (3) Recover weight R (&) Cross L over R (4) 9
- 5 6 7 8** Touch R to right side (5) Drop R heel taking weight R (6) Touch L over R (7) Drop L heel taking weight L (8) 9

[41- 48] R Rock, L Recover, R Behind Side Cross, $\frac{1}{4}$ turn L Triple Step, R Step $\frac{1}{2}$ Pivot

- 1 2** Rock R to right side (1) Recover weight L (2) 9
- 3&4** Step R behind left (3) Step L to left side (&) Cross R over left (4) 9
- 5&6** Step L forward making $\frac{1}{4}$ turn (5) Step R next to L (&) Step L forward (6) 6
- 7 8** Step R forward (7) Pivot $\frac{1}{2}$ turn left (8) 12

[49 - 56] R Step, Sweep L, L Step, Sweep R, R Jazz Box $\frac{1}{4}$ Turn

- 1 2 3 4** Step R forward (1) Sweep L foot forward (2) Step L forward (3) Sweep R foot forward (4) 12
- 5 6 7 8** Cross R over left (5) Step L back making $\frac{1}{4}$ turn (6) Step R to right side (7) Step L forward (8) 3

[57 - 64] R Point and L Point with $\frac{1}{4}$ turn, L Samba Step, R Samba $\frac{1}{8}$ turn, L Coaster Step

- 1&2** Point R to right side (1) Make $\frac{1}{4}$ turn right stepping R next to L (&) Point L to left side (2) 6
- 3&4** Cross/step L over R (3) Step R slightly to right (&) Step L to the left (4) 4:30
- 5&6** Cross/step R over L (3) Step L slightly to the left (&) Make $\frac{1}{8}$ turn right stepping back R (4) 6
- 7&8** Step L back (7) Make $\frac{1}{8}$ turn right stepping R next to L (&) Step L forward (8) 6

TAG: K Step

- 1 2 3 4** Step R to forward diagonal (1) Touch L next to right (2) Step L back to L diagonal (3) Touch R next to left (4) 12

5 6 7 8 Step R to back diagonal (5) Touch L next to right (6) Step L forward to L diagonal (7) Touch R next to left (8) 12

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=124689