

# Life Goes On

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**Count:** 32                      **Wall:** 2                      **Level:** Intermediate NC2

**Choreographer:** Maria Maag , Denmark - November 2017

**Music:** Empty Room by Sanna Nielsen

**Intro: 12 counts from first beat (12 sec. into track )**

**Tag: 2 counts after wall 1 (facing 06:00), sway R (1), sway L drag R next to L (2)**

**Restarts:-**

**Wall 2 After 20 counts (facing 12:00 weights L) turn  $\frac{1}{4}$  R and sweep L fw. (count 1), beginning of the dance.**

**Wall 5 After 18& counts (facing 9:00 weights L) step fw. R and sweep L fw. (count 1) beginning of the dance.**

**Ending: On wall 7 after 14 counts (step R to R slide L next to R) (on count 15)...The End**

**[1 - 8]  $\frac{1}{4}$  R sweep L fw. weave R, sweep R back, behind turn  $\frac{3}{8}$  L step fw. R full turn R, step fw. L  $\frac{1}{2}$  R Run run**

- 1-2&** Turn  $\frac{1}{4}$  R stepping down R and sweep L fw. (1), cross L over R (2), step R to R (&) 03:00
- 3-4&** Cross L behind R and sweep R back (3), cross R behind L (4), turn  $\frac{3}{8}$  L stepping down L (&) 10:30
- 5-6&** Step fw. R (prep) (5), turn  $\frac{1}{2}$  R stepping back L (6), turn  $\frac{1}{2}$  R stepping down R (&) 10:30
- 7-8&** Step fw. L turn  $\frac{1}{2}$  R on L (7), run fw. R (8), run fw. L (&) 04:30

**[9 - 16] Step hitch  $\frac{1}{8}$  R weave R, behind  $\frac{1}{2}$  turn L, sway R+L, basic R**

- 1-2&** Step fw. R hitch L and turn  $\frac{1}{8}$  R (1), cross L over R (2), step R to R (&) 06:00
- 3-4&** Turn  $\frac{1}{8}$  L stepping L back (3), step back R (4), turn  $\frac{1}{4}$  L stepping down L (&) 01:30
- 5-6** Turn  $\frac{1}{8}$  L stepping R to R and sway R (5), sway L (6) 12:00
- 7-8&** Take a big step R to R (7), close L behind R (8), cross R over L (&) 12:00

**[17 - 24]  $\frac{3}{4}$  fan turn R, run run, step  $\frac{1}{4}$  L lunge L, recover  $\frac{1}{4}$  R hitch L (figure 4 step), full turn R, step  $\frac{1}{4}$  turn L**

- 1-2&** Step L to L and fan turn  $\frac{3}{4}$  R sweeping R back (1), run fw. R (2), run fw. L (&) 09:00
- 3-4** Step fw. R (3), turn  $\frac{1}{4}$  L and Lunge L to L (prep) (4) 06:00

**5-6&** Recover ¼ R hitch L fw.(figure 4 step)(5), ½ turn R stepping back L (6), ½ turn R stepping down R (&) 09:00

**7-8&** Step L fw.(7), step R fw. (8), turn ¼ L stepping down L (&) 06:00

**[25 - 32] Weave L, ¼ L sweep R fw. mambo fw. R step back R kick L fw. run run 1/8 R, turn 1/8 R basic L**

**1-2&** Cross R over L (1), step L to L (2), cross R behind L (&) 06:00

**3-4&** Turn ¼ L stepping down L and sweep R fw. (3), rock fw. R (4), recover L (&) 03:00

**5-6&** Step back R (slightly bend R knee) and kick L fw. (5), run fw. L (6), run fw. R with 1/8 turn R (&) 04:30

**7-8&** Turn 1/8 R take a big step L (7) close R behind L (8), cross L over R (&) 06:00

**Enjoy...:-)**

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