

Beautiful Mum

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Silvia Schill - June 2018

Music: Hey Mama by Mat Kearney

The dance begins with the use of the singing

S1: Heel, Close R + L, Step, Pivot ½ L, Step, Hold

- 1-2 Touch right heel forward - RF beside LF
- 3-4 Touch left heel forward - LF beside RF
- 5-6 Step forward with RF - ½ turn left on both bales, weight at end left (6 o'clock)
- 7-8 Step forward with RF - hold

S2: Heel, close l + r, step, pivot ¼ r, cross, hold

- 1-2 Touch left heel forward - LF beside RF
- 3-4 Touch right heel forward - RF beside LF
- 5-6 Step forward with LF - ¼ turn right on both bales, weight at the end right (9 o'clock)
- 7-8 Cross LF over RF - hold

S3: Behind, Side, Cross, Side, Side, Hold, ⅛ Turn R / Rock back

- 1-2 Step RF to right, cross LF behind RF
- 3-4 Step RF to right, cross LF over RF

Tag / Restart: In round 9 - direction 6 o'clock - break off here, dance Tag 1 and start again

- 5-6 Step RF to right - hold

7-8 ⅛ Turn right and step back with LF, lift RF slightly up (10:30) - weight back on RF

End: The dance ends here, leaving out the ⅛ turn right around - direction 6 o'clock; at the end 'step forward with LF - ½ turn right on both bales, weight at the end right - step forward with LF' (12 o'clock)

S4: Rock Forward, ⅛ Turn R / Rock Back, Step, Pivot ¼ r, Cross, Hold

- 1-2 Steps forward with LF, lift RF slightly up - weight back on RF

3-4^{1/8} turn right and step back with LF, lift RF slightly up(12 o'clock) - weight back on RF

5-6step forward with LF - 1/4 turn right on both bales, weight at end right (3 o'clock)

7-8 Cross LF over RF - hold

Restart: In the second round - direction 6 o'clock - stop here and start again; while on '7': 'LF beside RF'

S5: Touch, Heel 2x, Heels-Toes - Heels Swivels, Hold

1-2 Touch right toe beside LF (knee inwards) - Touch right heel beside LF (toe out)

3-4 Same as 1-2 (at'1-4' turn upper body a little to the left)

Tag / Restart: In the 4th round - direction 12 o'clock - break off here, dance Tag 2 and start again

5-8RF beside LF / Turn both heels, toes and heels again to right (weight on the right) - hold

S6: Touch, Heel 2x, Heels - Toes - Heels Swivels, Hold

1-8 Same as step sequence before, but in mirror image starting with left

S7: Rock Forward, 1/4 Turn r, Hold, Cross, Side, Cross, Hold

1-2 Step forward with RF, lift LF slightly up - weight back on LF

3-4^{1/4} Turn right and step with RF to right (6 o'clock) - hold

5-6 Cross LF over RF - small step with RF to right

7-8 Cross LF over RF - hold

S8: Side, Touch, 1/4 Turn L, Touch, Side, Lift Behind / Slap, Side, Touch

1-2step RF to right - touch LF beside RF

3-4^{1/4} turn left and step LF to left (3 o'clock) - touch RF beside LF

5-6step RF to right - touch LF behind RF / clap on the boot

7-8 Step LF to left - touch RF beside LF

Repeat until the end

Tag 1 Side, Touch R + L

5-6 Step RF to right - touch LF beside RF

7-8 Step LF to left - touch RF beside LF

Tag 2 Slap-Snap, Hold

5 & 6 & Knock alternately on thighs (r - l - r - l)

7-8 Snap - hold

**And don't forget to smile, because dancing is fun! There is no guarantee for errors in the translation, content, spelling, etc.! Contact: birgit.golejewski@gmail.com
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