

# OH LONESOME ME

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**Count:** 32      **Wall:** 4      **Level:** beginner

**Choreographer:** Kate Valentin

**Music:** Oh Lonesome Me by Tamra Rosanes

## RIGHT HEEL HOOK, RIGHT SHUFFLE, LEFT HEEL HOOK, LEFT SHUFFLE

- 1-2**      Touch right heel diagonally forward, hook right heel in front of left shin
- 3&4**      Step forward on right, close left beside right, step forward on right
- 5-6**      Touch left heel diagonally forward, hook left heel in front of right shin
- 7&8**      Step forward on left, close right beside left, step forward on left

## RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE

- 1-2**      Rock to right onto right, recover to left onto left
- 3&4**      Cross right over left, step left to left side, cross right over left
- 5-6**      Rock to left onto left, recover to right onto right
- 7&8**      Cross left over right, step right to right side, cross left over right

## RIGHT, LEFT, RIGHT, LEFT TOE STRUT

- 1-2**      Step right toe forward, drop right heel to floor taking weight,
- 3-4**      Step left toe forward, drop left heel to floor taking weight
- 5-6**      Step right toe forward, drop right heel to floor taking weight
- 7-8**      Step left toe forward, drop left heel to floor taking weight

## RIGHT ROCK STEP, SHUFFLE ½ TURN RIGHT, LEFT ROCK STEP, SHUFFLE ¼ TURN LEFT

- 1-2**      Rock forward on right, recover back to left
- 3&4**      Turn ¼ right stepping right to right side, step left next to right, turn ¼ right stepping forward on right
- 5-6**      Rock forward on left, recover back to right
- 7&8**      Turn ¼ right stepping left to left side, step right next to left, step to left on left

## REPEAT