

MY WOMEN

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Kate Valentin

Music: Trashy Women by Confederate Railroad

WEAVE LEFT, CROSS, BACK, SHUFFLE ¼ TURN RIGHT

- 1-4** Cross right over left, step left to left side, cross right behind left, step left to left side
- 5-6** Cross right over left, step back on left
- 7&8** Step forward right making ¼ turn right, close left beside right, step forward right

ROCK STEP, BACK, POINT, CROSS, POINT, CROSS, POINT

- 1-2** Rock forward on left, rock back on right
- 3-4** Step back on left, point right toe diagonally back right
- 5-6** Cross right over left, point left toe to left side
- 7-8** Cross left over right, point right toe to right side

JAZZ BOX ¼ TURN RIGHT, JAZZ BOX

- 1-4** Cross right over left, step back on left, step right ¼ turn right, step left beside right
- 5-8** Cross right over left, step back on left, step right to right side, close left beside right

HEEL STEPS, STEP, TOGETHER, HEEL GRIND ¼ TURN RIGHT, STEP, TOGETHER

- 1-2** Step forward on right heel, step forward on left heel
- 3-4** Step right foot back in place, step left next to right
- 5** Step forward on right heel, turned right toe towards diagonally left
- 6** Twist (on heel) right toe ¼ right, in the same time step back on left foot
- 7-8** Step right foot next to left, step left foot in place

REPEAT

OPTIONAL ENDING

The dance ends at section 2 count 7, facing the music, crossing left over right