

# DOUBLE UP

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**Count:** 32      **Wall:** —      **Level:** —

**Choreographer:** Eve Blay

**Music:** The Salt In My Tears by Dolly Parton

**Position:** Holding Inside Hands Facing LOD. Opposite Footwork

## MAN'S STEPS

**¼ TURN, TOUCH, ½ TURN, TOUCH, SIDE, SLIDE, TURN, TOUCH**

**1-2**      Step left ¼ turn to left (ILOD) and touch right beside, step right ½ turn to right side and touch left beside

**Facing partner**

**3-4**      Step left foot to left side, hold

**Double hand hold**

**5-8**      Step left to left side, slide right beside left, step left ¼ turn to left, touch right beside left

**Both now facing LOD holding inside hands only**

## ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLE TWICE

**9-12**      Rock forward on right, recover back on left, step back on right, touch left cross front of right

**13&14**      Shuffle forward left, right, left

**15&16**      Shuffle forward right, left, right

## TURN, STEP BEHIND, ¼, TURN, SCUFF JAZZ-BOX WITH ¼ TURN

**17-18**      Step left ¼ turn to right, step right behind left

**19-20**      Step left ¼ turn to left, scuff right forward

**21-22**      Step right over left, step left back

**23-24**      Step right ¼ turn to right, touch left beside right

**Both now facing each other double hand hold**

## ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLES TWICE

**25-28**      Rock forward on left, recover back on right, step back on left, touch right across front of left

**Release man's right hand, lady's left. Raise man's left hand, lady's right**

**29&30** Shuffle forward right, left, right

**Man shuffles across front of lady, passing under raised hands, lady shuffles behind man**

**31&32** Shuffle left, right, left, turn  $\frac{1}{4}$  turn left (to LOD)

**You have now changed sides and ready to repeat the 32 steps, except the man now does the lady's steps, hands and moves and lady follows the man's**

## **REPEAT**

### **LADY'S STEPS**

**$\frac{1}{4}$  TURN, TOUCH,  $\frac{1}{2}$  TURN, TOUCH, SIDE, SLIDE, TURN, TOUCH**

**1-2** Step right  $\frac{1}{4}$  turn to right side (OLOD) touch left beside, step left  $\frac{1}{2}$  turn to left side and touch right beside

**Facing partner**

**3-4** Step left foot to left side, hold

**Double hand hold**

**5-8** Step right to right side, slide left up beside right, step right  $\frac{1}{4}$  turn to right, touch left beside right

**Both now facing LOD holding inside hands only**

### **ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLE TWICE**

**9-12** Rock forward on left, recover back on right, step back on right, touch right across front of left

**13&14** Shuffle forward right, left, right

**15&16** Shuffle forward left, right, left

### **TURN, STEP BEHIND, $\frac{1}{4}$ , TURN, SCUFF JAZZ-BOX WITH $\frac{1}{4}$ TURN**

**17-18** Step right  $\frac{1}{4}$  turn to left, step left behind right

**19-20** Step right  $\frac{1}{4}$  turn to right, scuff left forward

**21-22** Step left over right, step right back

**23-24** Step left  $\frac{1}{4}$  turn to left, touch right beside left

**Both now facing each other double hand hold**

**ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLES TWICE**

**25-28** Rock forward on right, recover back on left, step back on right, touch left across front of right

**Release man's right hand, lady's left. Raise man's left hand, lady's right**

**29&30** Shuffle forward left, right, left

**Man shuffles across front of lady passing under raised hands, lady shuffles behind man**

**31&32** Shuffle right, left, right, turn  $\frac{1}{4}$  turn to right(LOD)

**You have now changed sides and ready to repeat the 32 step, lady now follows the man's steps, hands and moves instruction and man follows the lady's**

**REPEAT**