

# Mammys Shuffle

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**Count:** 64

**Wall:** 2

**Level:** Improver

**Choreographer:** Jason Drake – March 2017

**Music:** Mrs Brown's Boys by Foster & Allen

## **S1: BACK ROCK, RIGHT SHUFFLE, FORWARD ROCK, COASTER**

- 1 - 2      Rock back on the right foot, Recover weight onto the left foot.
- 3 & 4      Step forward on right foot, Close left foot besides right, Step forward on right foot.
- 5 - 6      Rock forward on the left foot, Recover weight onto the right foot.
- 7 & 8      Step back on the left foot, Close right foot beside left, Step forward on the left foot.

## **S2: FORWARD ROCK, ½ TURN SHUFFLE RIGHT, JAZZ BOX**

- 1 - 2      Rock forward on the right foot, Recover weight onto the left foot.
- 3 & 4      Step back on the right foot making ¼ turn right, Close left foot beside right, Step right foot ¼ turn right.
- 5 - 6      Step left foot across the right foot, Step back on the right foot.
- 7 - 8      Step left foot to left side, Touch right foot beside the left.

## **RESTART ( ON WALL 3 RESTART DANCE AT THIS POINT)**

## **S3: CHASSIS, BACK ROCK, ¼ PIVOT TURN X 2, CROSS SHUFFLE**

- 1 & 2      Step right foot to right side, Close left foot beside right, Step right foot to right.
- 3 - 4      Rock left foot behind right, Recover weight on the right foot.
- 5 - 6      Step left to left making ¼ turn right, Step right foot to right making ¼ turn right.
- 7 & 8      Cross left foot over right, Step right foot to right side, Cross left foot over right.

## **S4: SIDE, CLOSE, COASTER, FORWARD ROCK, COASTER**

- 1 - 2      Step right foot to right, Close left foot next to right.
- 3 & 4      Step right foot back, Step left foot next to right, Step forward on the right.
- 5 - 6      Rock forward on the left foot, Recover weight onto the right foot.
- 7 & 8      Step left foot back, Step right foot next to left, Step forward on the left.

## **S5: WALK X 2, HEEL SWITCHES, HEEL HOOK, WALK X 2**

- 1 - 2      Walk forward on the right foot, Walk forward on the left foot.

- 3 & 4 &** Touch right heel forward, Step right foot to place, Touch left heel forward, Step left foot in place.
- 5 & 6 &** Touch right heel forward, Hook right heel across left leg, Touch right heel forward, Step right foot in place.
- 7 - 8** Walk forward on the left foot, Walk forward on the right foot.

### **S6: FORWARD ROCK, ¼ TURN CHASSIS LEFT, VAUDERVILLS X 2**

- 1 - 2** Rock forward on the left foot, Recover weight onto the right foot.
- 3 & 4** Step back on the left foot making ¼ turn left, Close right foot beside left, Step left foot to left side.
- 5 & 6 &** Cross right foot over left, Step back on the left foot, Present right heel forward, Step right in place.
- 7 & 8 &** Cross left foot over right, Step back on the right foot, Present left heel forward, Step left foot in place.

### **S7: FORWARD ROCK, ½ TURN SHUFFLE RIGHT, WEAVE, TOUCH**

- 1 - 2** Rock forward onto the right foot, Recover weight onto the left foot.
- 3 & 4** Step back on the right foot making ¼ turn right, Close left foot beside right, Step right foot ¼ turn right.
- 5 - 6** Cross left foot over right, Step right foot to the right side.
- 7 - 8** Cross left foot right behind the right, Touch the right toes to the right.

### **S8: CROSS, SIDE, ¼ TURN SAILOR RIGHT, ROCKING CHAIR, KICK**

- 1 - 2** Cross right foot across the left, Step left foot to the left.
- 3 & 4** Step right foot behind left foot making ¼ turn right, Step left to left side, Step right foot in place.
- 5 - 6** Rock forward on the left foot, Recover weight onto the right foot.
- 7 - 8** Rock back on the left foot. Kick right foot forward.

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