

LAIDBACK & LAIDLOW

LINEDANCE.COM

Count: 56

Wall: 2

Level: beginner/intermediate

Choreographer: Lawrence Laidlow

SHUFFLE, STRUT TURN TWICE, SHUFFLE

- 1&2** Step forward left, close right beside left, step forward left
- 3-4** Strut right forward, turning $\frac{1}{2}$ turn to left
- 5-6** Strut left backwards, turning $\frac{1}{2}$ turn to left
- 7&8** Step forward right, close left beside right, step forward right

STRUT TURN TWICE, SHUFFLE, ROCK BACK

- 9-10** Strut left back, turning $\frac{1}{2}$ turn to left
- 11-12** Strut right forward, turning $\frac{1}{2}$ turn to left
- 13&14** Step left back, close right beside left, step left back
- 15-16** Rock back on right, rock forward on left

GRAPEVINE RIGHT, ROLLING GRAPEVINE LEFT

- 17-18** Step right to right side, cross left behind right
- 19-20** Step right to right side, touch left beside right
- 21-22** Step left to left side, turning $\frac{1}{2}$ to left
- 23-24** Step right to right side, turning $\frac{1}{2}$ to left, touch right to left

KICK, CROSS, $\frac{3}{4}$ TURN, SHUFFLE, $\frac{1}{2}$ TURN, SHUFFLE

- 25&26** Kick right forward, cross over left, unwind $\frac{3}{4}$ turn to left
- 27&28** Step forward right, close left beside right, step forward right
- 29-30** Step forward left, $\frac{1}{2}$ turn pivot to right
- 31&32** Step forward left, close right beside left, step forward left

KICK KICK, COASTER STEP TWICE

- 33-34** Kick right forward, kick right to right side
- 35&36** Step back on right, step left beside right, step forward on right
- 37-38** Kick left forward, kick left to left side

39&40 Step back on left, step right beside left, step forward on left

SHIMMY RIGHT, SHIMMY LEFT

41-44 Step right to right side, shimmy shoulders (with attitude), hold to a count of 4, clap

45-48 Step left to left side, shimmy shoulders (with attitude), hold to a count of 4, clap

STEP, ¼ TURN, KICK HOOK SHUFFLE, KICK HOOK

49-50 Step right forward, make ¼ turn to left

51&52 Kick right forward, hook right across left

53&54 Step right forward, close left beside right, step right forward

55&56 Kick left forward, hook left across right

REPEAT