

# IN A SECOND

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**Count:** 38                      **Wall:** 1                      **Level:** —

**Choreographer:** Thomas O'Dwyer

**Music:** One Day Left To Live by Sammy Kershaw

**1&2**            Step right across left, step left to left side, rock onto right turning  $\frac{1}{4}$  turn right

**3&4**            Step left across right, right to right side, rock onto left

**For the next 8 beats the shoulders should overturn to aid momentum**

**&5**            Step right across left, step left to left side

**&**              Turn a  $\frac{1}{2}$  turn to right & step right to side

**6**              Turn a  $\frac{1}{2}$  turn to right & step left to side

**7**              Rock onto right

**&**              Turn a  $\frac{1}{2}$  turn to left & step left to side

**8**              Turn a  $\frac{1}{2}$  turn to left & step right to side

**1**              Rock onto left

**&**              Turn a  $\frac{1}{2}$  turn to right & step right to side

**2**              Turn a  $\frac{1}{2}$  turn to right & step left to side

**&3**            Step right slightly back, step left across right

**&**              Turn a  $\frac{1}{4}$  turn to left & step right back

**4**              Turn a  $\frac{1}{2}$  turn to left & step left forward

**5-6**           Step right forward, rock back onto left

**&**              Turn a  $\frac{1}{2}$  turn to right & step right forward

**7**              Turn a  $\frac{1}{2}$  turn to right & step left back

**8**              Drag right foot together & change weight to right & pop left knee

**1&2**           Step left forward, right together, step left back

**&**              Turn a  $\frac{1}{2}$  turn to right & step right forward

- 3-4 Step left forward, rock back onto right
- & Turn a  $\frac{1}{2}$  turn to left & step left together
- 5&6 Step right forward, left together, step right back
- & Turn a  $\frac{1}{2}$  turn to left & step left forward
- 7-8 Step right forward, rock back onto left
  
- & Turn a  $\frac{1}{4}$  turn to right & step right forward 45 degrees
- 1& Step left slightly forward, right together
- 2 Step left to side & turn a  $\frac{1}{2}$  turn to left
- & Step right to side & turn a  $\frac{3}{4}$  turn to left
- 3-4 Step left forward, rock back onto right

**The & before the 1 count is a  $\frac{1}{4}$  turn only. Do not turn into the step 45 degrees. The 1& $\frac{1}{4}$  turn on counts 2& travels slightly left and should be done on the balls of the feet**

- 5&6& Shuffle back left-right-left, turn a  $\frac{3}{4}$  turn to right
- 7&8 Shuffle forward right-left-right
  
- 1& Step left to side, step right slightly back
- 2 Step left across right
- 3& Step right to side, step left slightly back
- 4 Step right across left
- 5 Point left toe to side
- 6 Step onto left foot in place & turn a  $\frac{3}{4}$  turn to left

**REPEAT**

**TAG**

**Performed once only at the end of the 2nd repetition**

- 1-2 Hold, flick right toe to 45 degrees
- 3&4 Step right across left, step left to side, rock onto right
- 5&6 Step left across right, step right to side, rock onto left

- &7** Step right across left, point left toe to side
- 8** Step onto left foot in place & turn a full turn to left
- 9-10** Hold, flick right toe to 45 degrees

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=49472](https://www.linedance.com/index.php?f=dance_view&id=49472)