

# ONE STEP AHEAD

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**Count:** 48      **Wall:** —      **Level:** —

**Choreographer:** Sandra Fallows

**Music:** Step Ahead by Dave Sheriff

**Position:** Side by Side

## HEEL HOOK, STEP & SCUFF, RIGHT & LEFT

- 1-2      Touch right heel forward, hook across left, just under knee
- 3-4      Step forward on right foot, scuff left foot forward past right
- 5-6      Touch left heel forward, hook it across right, just under knee
- 7-8      Step forward on left foot, scuff right foot forward past left

## PADDLE TURNS KICK, STEP BACK, SLIDE

- 1-4      Step right foot forward,  $\frac{1}{4}$  turn left twice

**Now facing RLOD. Drop left hands. Man turns under lady's arm, and rejoin in VW position**

- 5-6      Kick right foot forward twice
- 7-8      Step back on right, slide left to it

## STEP BACK & $\frac{1}{4}$ TURN RIGHT, KICKS, RIGHT VINE

- 1-2      Step back right foot making  $\frac{1}{4}$  turn right, (drop right hands rejoin hands behind as you) step left foot beside right, (now facing ILOD lady behind man)
- 3-4      Kick right foot forward twice
- 5-8      Right vine with a touch

## LEFT VINE WITH $\frac{1}{4}$ TURN RIGHT WALKS BACK, HITCH

- 1-4      Step left foot to side, cross right behind left, step left  $\frac{1}{4}$  turn right, hitch

**Man brings right arm over ladies head, and rejoins left hands in front back into side by side position**

- 5-8      Walk back on right, left, right, hitch left knee, now facing LOD

## STEP SLIDES, STEPS SCUFFS FORWARD

- 1-4      Step forward on left foot, slide right to it, step forward on left, scuff right forward

**5-8** Step forward on right foot, slide left to it, step forward on right, scuff left forward

### **WALKS FORWARD & JAZZ BOX**

**1-4** Walk forward on left, right, left, scuff right forward

**5-6** Step right foot over left, step back on left

**7-8** Step right foot to side, step left foot beside right

### **REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=33533](https://www.linedance.com/index.php?f=dance_view&id=33533)