

MAMBO NO. 5

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Count: 64 **Wall:** — **Level:** —

Choreographer: Mark Simpkin & Tracie Lee

Music: Mambo No. 5 by Lou Bega

- 1-4** Step left to left side, step right behind, turn $\frac{1}{4}$ turn left & step left forward, turn $\frac{1}{4}$ turn left on left foot
- 5-8** Step/rock right to right side, pushing hip right replace weight to left, step right across left, hold
- 1-4** Step/rock left to left side pushing hip left, replace weight to right, step left across right, hold
- 5-8** Step right back at 45 degrees right, hook left over right knee, step left forward at 45 degrees left, tap right toe behind left
- &1-2** Step right back at 45 degrees right, tap left forward heel at 45 degrees left, hold (slow heel jack)
- &3-4** Step left beside right, tap right toe behind left, hold
- &5&6** Step right back at 45 degrees right, tap left heel forward at 45 degrees left, step left beside right, tap right toe behind left
- &7-8** Step right back at 45 degrees right, tap left heel forward at 45 degrees left, hold
- &1-2** Step left beside right, step right forward, hold
- 3-4** Pivot $\frac{1}{4}$ turn left keeping weight on right, hold
- &5-6** Step left beside right, step right forward, hold
- 7-8** Pivot $\frac{1}{4}$ turn left taking weight to left foot, hold
- 1-2** Step right to right side, step left behind right
- 3&4** Turn $\frac{1}{4}$ turn right & shuffle forward right-left-right

- &5&6** Turn ½ turn right & shuffle back left-right-left
- 7-8** Rock back on right, rock forward on left
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- 1-2** Step ball of right forward, drop right heel
- 3&4** Tap left heel forward, step left beside right, step right forward (heel ball change)
- 5-6** Step ball of left forward, drop left heel
- 7&8** Tap right heel forward, step right beside left, step left forward (heel ball change)
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- 1-4** Rock right to right side pushing hip right, replace weight to left, step right across left, hold
- 5-8** Rock left to left side pushing hip left, replace weight to right, step left across right, hold
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- 1-4** Step back on right, step left beside right, step forward on right, hold (slow coaster step)
- 5-8** The last four counts of the dance are like Watermelon Crawl steps done on the spot turning ¼ turn left in a twisting motion, step in place left-right-left-right turning ¼ turn left

REPEAT