

# HELPING HAND

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**Count:** 32      **Wall:** 4      **Level:** beginner

**Choreographer:** Stephen Sunter

**Music:** Come On Out Of The Rain by Susan Ashton

## WALK FORWARD, TOUCH, WALK BACK TOUCH

**1-4**      Walk forward right, left, right, touch left next to right

**5-8**      Walk back left, right, left, touch right next to left

## SIDE SHUFFLE, ROCK, SIDE SHUFFLE, ROCK

**1&2**      Step right to side, left next to right, right to side

**3-4**      Rock left behind right, replace weight to right

**5&6**      Step left to side, right next to left, left to side

**7-8**      Rock right behind left, replace weight to left

## MONTEREY TURN TWICE, POINT, STEP BACK $\frac{1}{4}$ TURN, TURN $\frac{1}{4}$ SIDE ROCK

**1-2**      Point right to side, turn  $\frac{1}{2}$  back over right shoulder and step right next to left

**3-4**      Point left to side, turn  $\frac{1}{2}$  back over left shoulder and step left next to right

**5-6**      Touch right to right side, turn a  $\frac{1}{4}$  left and step down on right foot

**7-8**      Turn a  $\frac{1}{4}$  left and rock out to left, replace weight to right

## CROSS, $\frac{1}{4}$ TURN, SHUFFLE BACK, ROCK, FULL TURN

**1-2**      Cross step left over right, make  $\frac{1}{4}$  turn left and step back on right

**3&4**      Shuffle back left on - left, right, left

**5-6**      Rock back right, replace weight left

**7-8**      Turn  $\frac{1}{2}$  left stepping back on right, turn  $\frac{1}{2}$  left stepping forward left

## REPEAT