

# JACKSON TWIST

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**Count:** 42      **Wall:** 2      **Level:** —

**Choreographer:** Pam Kaiser

**Music:** She's Got The Rhythm by Alan Jackson

## HEELS, WIGGLE DOWN, WIGGLE UP

- 1-4**      Feet together, twist heels to right and return to center, twist heels to right and return to center
- 5-8**      Drop left hip down, then drop right hip down, lift right hip up, lift left hip up
- 9-12**      Step forward on the right, left, right, and kick left
- 13-16**      Step back on the left, right, left, and touch the right toe behind left heel (wing)
- 17-18**      Step together, touch left toe behind right heel (wing)

## VINES

- 19-22**      Vine left: step left with left foot, slide right behind left, step left, scuff with right
- 23-26**      Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot

## DIGS

- 27-28**      Do a left heel dig and in one movement turn  $\frac{1}{4}$  to the right and do a left toe touch slightly behind right heel
- 29-30**      Heel dig, turn  $\frac{1}{4}$  turn, and toe touch again
- 31-34**      Do 2 left heel digs to the front and 2 left toe touches to the back
- 35-38**      Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward
- 39-42**      Step back on the left, right, left and return right home beside the left

## REPEAT