

GROOVY

LINEDANCE.COM

Count: 48

Wall: 4

Level: beginner/intermediate

Choreographer: Ray Denham

Music: You Make Me Feel Groovy by Glen Mitchell

HEEL GRIND $\frac{1}{4}$ TURN, COASTER STEP, SHUFFLE, SHUFFLE TURN LEFT

- 1-2 Step forward on right heel, turn $\frac{1}{4}$ right stepping back onto left foot
- 3&4 Step back on right foot, step left next to right, step forward on right
- 5&6 Step forward left on left foot, close right to left, step forward on left
- 7&8 Make $\frac{1}{2}$ turn left shuffling right, left, right

$\frac{1}{4}$ TURN LEFT, SHUFFLE LEFT, SHUFFLE RIGHT, $\frac{1}{2}$ TURN RIGHT

- 1-2 Rock back on left foot, step forward on right
- 3&4 Step forward on left foot, close right to left, step forward on left
- 5&6 Step forward on right foot, close left to right, forward on right
- 7-8 Cross left foot over right, unwind $\frac{1}{2}$ turn right keeping weight on left foot

HEEL BALL CROSS TWICE, ROCK RIGHT LEFT, SAILOR STEP

- 1&2 Touch right heel forward, bring right foot back, cross left over right
- 3&4 Repeat steps 1 & 2
- 5-6 Step side right onto right foot, rock weight back onto left foot
- 7&8 Step right foot behind left, step to side on left foot, step side right

KICK BALL CHANGE TWICE MOVING FORWARD, ROCK STEP, SHUFFLE TURN LEFT

- 1&2 Kick left foot forward, bring left next to right, lift and replace right next to left
- 3&4 Repeat steps 1&2

The above 4 steps are made moving slightly forward

- 5-6 Rock forward onto left foot, step back on right foot
- 7&8 Shuffle $\frac{1}{2}$ turn left, turning left, right, left

REPEAT LAST 8 STEPS STARTING WITH RIGHT FOOT

- 1-8 Repeat last 8 steps but start with right kick ball change

ROCK STEP, COASTER STEP, TURNING JAZZ BOX

- 1-2** Rock forward on left foot, rock back onto right
- 3&4** Step back on left, place right next to left, step forward on left
- 5-6** Cross right foot over left, step straight back onto left
- 7-8** Step side right turning $\frac{1}{4}$ right, step left foot next to right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=53013