

OUT OF MY MIND

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** intermediate

Choreographer: Craig Bennett

Music: Out Of My Mind by Will Young

- 1-2 Walk forward right, then left
- 3-4 Rock forward on right, recover back onto left
- 5& Step back right, step left together
- 6 Make $\frac{1}{4}$ turn left stepping right to right side
- 7& Cross left over right, step right to right side
- 8 Touch left diagonally forward left

- &9-10 Step left beside right, cross right over left, touch left to left side
- &11 Step left beside right, touch right to right
- &12 Flick right out to right side, touch right forward
- 13&14 Swivel both heels - out, in, out
- &15 Jump feet apart stepping - right then left
- &16 Lift heels up and down popping knees forward

- 17-18 Rock to left side on left, recover onto right
- 19&20 Left sailor $\frac{1}{4}$ turn left
- 21-22 Step right forward, hold
- &23-24 Step left beside right, step right forward, touch left beside right

- 25 Step left back making $\frac{1}{2}$ turn left
- 26 Make further $\frac{1}{2}$ turn left stepping right back
- 27 Make $\frac{1}{4}$ turn left stepping left to left side
- 28 Touch right beside left

- 29 Step right to right side bumping hips right
- 30 Touch left toe to left side
- 31&32 Bump hips left twice taking weight over to left

REPEAT

RESTART

On 2nd wall after count 24 (step left in place instead of a touch) start again and enjoy

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=33845