

Got Me Running

LINEDANCE.COM

Count: 48

Wall: 2

Level: Easy Intermediate

Choreographer: The A (Fr) (The «Advanced» of The Angels Country: Alphonsine, Bella, Bridu, Coco, Lolo, Maria-Nel, Mimie, Régine, Valou) April 2018

Music: Got Me Running - Texas Martha and the House of Twang

Free music download at: <https://texasmarttha.com/music>

Intro: Start after the beat. Approx 31 sec.

Note: Thanks to Marty Fields for allowing us to use their beautiful recovery!

Description: ECS - 1 Restart

Section 1

[1 TO 8] CHASSE TO R, L ROCKSTEP BACKWARD, L TRIPLE FORWARD TO THE L DIAGONAL, R STEP FORWARD, TURN 3/8 TO L

1&2RF to R - LF next to RF - RF to R 12:00

3-4ROCK LF behind RF - Recover on RF 12:00

5&6LF on L diagonal - RF next to L - LF on L diagonal 10:30

7-8RF Forward - 3/8 tr to the L 06:00

Section 2

[9 TO 16] R TOE STRUT, L TOE STRUT, HALF PUSH TURN

1-2 Step R Toe forward - Drop R heel 06:00

3-4 Step L toe forward - Drop L heel 06:00

5-6 Step R toe forward - Pivot 1/4 Tr to L (ending weight on L) 03:00

7-8 Step R toe forward - Pivot 1/4 Tr to L (ending weight on L) 12:00

Section 3

[17 TO 24] JAZZ BOX SQUARE, KICK BALL BACK X2

1-4 Cross RF over LF - Step LF back - Step RF to R side - Step LF forward 12:00

5&6KICK R forward - Step R toe next to L - Step LF backward 12:00

7&8KICK R forward - Step R toe next to L - Step LF backward 12:00

Section 4

[25 TO 32] MONTEREY TURN, TOUCH R HEEL FORWARD, REPLACE, TOUCH L TOE BACKWARD, REPLACE, TOUCH R TOE BACKWARD, REPLACE, L BRUSH ACROSS

1-4POINT R to R side - 1/2 tr to R stepping R next to L - POINT L to L side - Step L next to R - 06:00

5&6TOUCH R heel forward (5)- RF next to LF (&)- TOUCH L toe back (6) - LF next to R (&) 06:00

7&8TOUCH R toe back (7)- RF next to L (&) - BRUSH LF from back across to R diagonal (8) 06:00

*** RESTART here on wall 3, make a STOMP next to R until the BRUSH across 06:00**

Section 5

[33 TO 40] WEAVE TO THE R, L FORWARD WITH 1/4 TRN TO R, PIVOT 1/2 TRN TO R, 1/4 TRN TO R & BIG LEFT STEP, SLIDE

1-4CROSS LF over RF - RF to R side - CROSS LF behind RF - RF to R side 06:00

5-61/4 tr to R stepping forward on L - PIVOT 1/2 tr to R (weight on R) 03:00

7-81/4 tr to R and big L step to L - SLIDE R toe touch on R diagonal 06:00

Section 6

[41 to 48] SWIVEL HEEL TO R AND R HIP BUMP, REPLACE, SWIVEL HEEL TO R AND R HIP BUMP, REPLACE, VAUDEVILLE STEP X2

1-2SWIVEL R heel and R HIP BUMP - Recover to center 06:00

3-4SWIVEL R heel and R HIP BUMP - Recover to center 06:00

&5&6RF to side (&) -L KICK forward on L diagonal (5) - LF back (&) - CROSS R over L (6) 06:00

&7&8LF to side (&) - R KICK forward on R diagonal D (7) - RF back (&) - CROSS L over R (8)

06:00

RESTART: Restart on wall 3 facing to 06:00. Make a STOMP until the BRUSH to count 32 then restart from the top

RESTART AND HAVE FUN!

RA = right arm, LA = left arm, C = center, R = right, L = left, W = weight, RF = Right Foot or Step Right Foot, LF = Left Foot or step left foot, Tr or trn = Turn

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