

Bent & Bound

LINEDANCE.COM

Count: 36

Wall: —

Level: Beginner - Line & Contra

Choreographer: Irene Ottello - May 2017

Music: Buddy Jewell - Hell Bent And Heaven Bound

S1- STEP, SCUFF, ¼ TURN LEFT STEP, SCUFF, JAZZ BOX

1-2step right to side, scuff left beside right

3-4¼ turn left step left fwd, scuff right beside left

5-6 Step right cross over left, step right back

7-8 Step right to right side, step left beside right

S2- STEP LOCK STEP SCUFF RIGHT AND LEFT

1-2 Step right foot fwd, Lock left foot behind right

3-4 Step fwd right foot, Scuff left foot fwd

5-6 Step left foot forward, Lock right foot behind right

7-8 Step fwd left foot, Scuff right foot fwd

S3- WEAVE RIGHT TWICE

1-2 Step R To right Side, Cross L Behind right

3-4 Step R To right Side, Cross L Over right (weight on left)

5-6 Step R To right Side, Cross L Behind right

7-8 Step R To right Side, Cross L Over right (weight on left)

S4- HEEL SWITCHES ¼ TURN LEFT , JAZZ BOX RIGHT

1-2heel right fwd, step right together

3-4¼ turn left heel left fwd, step left together (weight on left)

5-6 Step right cross over left, step right back

7-8 Step right to right side, step left in place

S5- SWIVEL R HEEL TOE, STOMP UP TWICE

1-2 Swivel R Foot To Left (Heel, toe)

3-4stomp up right x2

RESTART: After 32 count of the 5th and 10th repetition, Restart the dance again

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=118348