

# Get Out

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Katja Østerby (DK) Dec 2012

**Music:** One Thing by One Direction (Single Version)

## **Intro: 8 counts (start on lyrics)**

### **Side rock, behind side cross, side rock, sailor step**

**1-2**      Rock right foot to right side(1), recover weight onto Left(2)

**3&4** **cross Right behind Left(3), step Left to left side(&), cross Right foot in front of left(4)**

**5-6** **rock left foot to left side(5), recover weight onto right(6)**

**7&8**      Cross Left Behind Right(7), Step Right to Right Side(&), Step Left to Left Side(8)

### **Kick ball step x2, step forward, pivot ½ Turn, side chassè**

**1&2**      Kick right foot forward(1), step Right next to left(&), step forward on left(2)

**3&4**      Kick right foot forward(3), step Right next to left(%), step forward on left(4)

**5-6**      Step forward on right(5), Pivot ½ turn left(6)

**7&8**      Step right to right side(7), step left next to right(&), step right to right side(8)

### **Cross, side, sailor step, cross, side sailor ¼ turn**

**1-2**      Cross left over Right(1), step right to right side(2)

**3&4**      Cross Left Behind Right(3), Step Right to Right Side(&), Step Left to Left Side(4)

**5-6**      Cross right over Left(5), step left to left side(6)

**7&8**      Cross Right Behind Left Turning ¼ Turn Right(7), Step Left to Left Side(&), Step Right to Right Side(8)

### **Point forward, hold x2, rock forward, big step back, touch**

**1-2**      Point Left foot forward(1), hold(2)

**&3-4**      Step left next to right(&), point right foot forward(3), hold(4)

**&5-6**      Step right next to left(&), rock left foot forward(5), recover onto right(6)

**7-8** **take a big step back on left foot(7), touch right foot next to left(8)**

**Restarts: on walls 5 and 11: dance up to count 16, weight will be on the right, close left beside right on the (and) count and start from the beginning.**

**Tag: end of wall 9 (you will be facing 6 o' clock): as you end the dance take weight onto right on count 32, then repeat the last 8 counts of the dance.**

**Ending: as you end the dance on wall 13 (you will be facing 3 o'clock) take weight onto right on count 32 and do the ending:**

**Point forward, hold x2, rock forward,  $\frac{1}{4}$  turn**

**1-2** Point Left foot forward(1), hold(2)

**&3-4** Step left next to right(&), point right foot forward(3), hold(4)

**&5-6** Step right next to left(&), rock left foot forward(5), recover onto right(6)

**7make  $\frac{1}{4}$  turn left stepping left to left side(7)**

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