

I Can Lose My Heart Tonight

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Count: 64 **Wall:** 4 **Level:** Beginner

Choreographer: Bente Kongstad - Denmark - Jan 2011

Music: I Can Lose My Heart Tonight (Radio Version) by C.C. Catch. (Album: Catch The Catch)

Intro: 32 counts

Vine R, vine L

1-2 Step R to R side, cross L behind R

3-4 **step R to R side, touch L beside R**

5-6 **step L to L side, cross R behind L**

7-8 **step L to L side, touch R beside L (facing 12 o'clock)**

Walk fw with kick, walk back with touch

1-2 Walk fw R, walk fw L

3-4 **walk fw R, kick L & clap**

5-6 **walk back L, walk back R**

7-8 **walk back L, touch R beside L (facing 12 o'clock)**

Step ½ turn L, step, hold, jazzbox

1-2 Step R fw, make ½ turn L (weight on L)

3-4 **step R fw, hold**

5-6 **cross L over R, step R back,**

7-8 **step L to L side, touch R beside L (facing 6 o'clock)**

Monterey ¼ turn R, heel hook R, heel touch R

1-2 Point R to R side, step R next to L while making a ¼ turn R

3-4 **point L to L side, step L beside R**

5-6 **touch R heel fw, hook R heel in front of L**

7-8touch R heel fw, touch R beside L (facing 9 o'clock)

Rumbabox

1-2 Step R to R side, step L beside R

3-4step R fw, touch L beside R

5-6step L to L side, step R beside L

7-8step L back, touch R beside L (facing 9 o'clock)

Monterey ¼ turn R, heel hook R, heel touch R

1-2 Point R to R side, step R next to L while making a ¼ turn R

3-4point L to L side, step L beside R

5-6touch R heel fw, hook R heel in front of L

7-8touch R heel fw, touch R beside L (facing 6 o'clock)

Diagonal step fw, diagonal step back, diagonal step back, diagonal step fw

1-2 Step R diagonally fw to R side, touch L beside R

3-4step L diagonally back to L side, touch R beside L

5-6step R diagonally back to R side, touch L beside R

7-8step L diagonally fw to L side, touch R beside L (facing 6 o'clock)

Side step R, ¼ turn R, heel hook L, heel touch L

1-2 Step R to R side, step L beside R

3-4make ¼ R stepping R fw, touch L beside R

5-6touch L heel fw, hook L heel in front of R

7-8touch L heel fw, step L beside R (weight on L) (facing 3 o'clock)

Restart: on wall 3 (facing 6 o'clock), dance count 1-32, then restart dance (facing 3 o'clock)

Tag: on wall 6 (facing 9 o'clock), dance count 1-32, then make side step R w/touch & side step L w/touch. Then restart dance (facing 6 o'clock)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=81607