

# LONESTAR BUMP

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Gloria Johnson

**Music:** No News (Dance Mix) by Lonestar

## SHUFFLE

**1&2** Shuffle forward on right, left, right

## SHUFFLE AND TURN

**3&4** Shuffle forward on left, right, left turning  $\frac{1}{2}$  turn to the right at the same time

## SHUFFLE BACK

**5&6** Shuffle backward on right, left, right

**7&8** Shuffle backward on left, right, left

## HALF PADDLE TURN

**9-10** Touch right heel in front and turn body to 10:00 o'clock, touching right toe down to the floor at the same time

**11-12** Repeat steps 9 - 10 turning body to 8:00 o'clock

**13-14** Repeat steps 9 - 10 again, turning body to 6:00 o'clock

**15-16** Stomp right foot twice and clap hands at the same time

## BRUSH TURNS

**17** Brush right foot forward turning body  $\frac{1}{4}$  turn to the right at the same time

**18** Step down on right foot

**19** Brush left foot forward and turn  $\frac{1}{2}$  turn to the left at the same time

**20** Step down on left foot

## NO NEWS STRUT

**(Wag 1st finger of Right hand in front of you as if you are telling someone "No NEWS!")**

**21-22** Step forward on right toe, drop right heel to the floor

**23-24** Step forward on left toe, drop left heel to the floor

## LONESTAR BUMPS

**&** Step right foot to 2 o'clock  
**25-26** Bump hips forward twice  
**27-28** Bump hips to the rear twice

**&** Step right foot to 5 o'clock  
**29-30** Bump hips to the rear twice  
**31-32** Bump hips forward twice

**REPEAT**