

Can't Sleep

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Phil Partridge (UK) Nov 2015

Music: Can't Sleep Love by Pentatonix - 94 bpm - amazon & iTunes

Intro: 16 count

Section 1: TOUCH OUT, IN, SIDE, BACK ROCK, RECOVER, SIDE, BEHIND & CROSS, UNWIND, SIDE ROCK, RECOVER

- 1&2** Touch Right to Right side, touch Right beside Left, make large step to Right side
- 3&4** Rock back on Left, recover onto Right, step Left to Left side
- 5&6** Step Right behind Left, step Left to Left side, cross Right over Left
- 7,8&** Unwind a full turn Left (weight on Left), rock Right to Right side, recover onto Left

Section 2: ROCK, RECOVER, & LEFT ROCKING CHAIR, STEP LEFT, ½ TURN LEFT, COASTER STEP

- 1,2&** Cross rock Right over Left to Left diagonal, recover onto Left, step Right to Right side (10.30)
- 3&4&** Cross rock Left over Right to Right diagonal, recover onto Right, rock back on Left, recover onto Right (1.30)
- 5,6** Step forward on Left, make ½ turn Left stepping back on Right (7.30)
- 7&8** Step back Left, step Right beside Left, step forward on Left

Section 3: BALL ROCK, RECOVER, LEFT LOCK STEP BACK, TOUCH BACK, ½ TURN, STEP, ½ TURN RIGHT, STEP

- &1,2** Step Right beside Left, rock forward on Left, recover onto Right
- 3&4** Step back on Left, lock Right over Left, step back on Left (7.30)
- 5,6** Touch Right toe back, make ½ turn Right stepping onto Right (1.30)
- 7&8** Step forward on Left, make ½ turn Right stepping onto Right, step forward Left (7.30)

Section 4: WALK RIGHT, WALK LEFT, RUN RIGHT, LEFT, RIGHT, ROCK, RECOVER, LEFT COASTER CROSS

- 1,2** Walk forward on Right, walk forward on Left straightening up to 6.00
- 3&4** Make ¼ turn Left Running Right, Left, Right

5,6 Rock forward on Left, recover onto Right

7&8 Step back on Left, step Right beside Left, cross step Left over Right

START OVER

Contact: www.philthefloor.co.uk - phil@philthefloor.co.uk

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=107825