

Dance or Rock n Roll

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Count: 48

Wall: 2

Level: Beginner / Intermediate

Choreographer: Ivonne Verhagen (Feb 2010)

Music: Mama Don't Dance & Your Daddy Don't Rock & Roll by Dr. Hook

SCUFF, HITCH/SCOOT, STEP, ROCK STEP (2X)

1&2 RF scuff, hitch r knee & scoot on lf, step on RF

3,4 LF rock back, RF weight back on RF

5&6 LF scuff, hitch l knee & scoot on rf, step on LF

7,8 RF rock back, LF weight back on LF

SHUFFLE ¼ TURN RIGHT, PIVOT ½, STEP, ½ TURN, ¼ TURN, TOUCH

1&2 RF step to the right side, lf close to rf, ¼ turn right and rf step forward

3,4 LF step forward, ½ turn right and step rf forward

5,6 LF step forward, ½ turn left and rf step back

7,8 ¼ turn left and lf step big step to left side, rf touch close to lf

KICK BALL CROSS (2X), STEP, TOUCH, KICK BALL CROSS

1&2 RF kick diagonal right, rf step on rf, lf cross over rf

3&4 RF kick diagonal right, rf step on rf, lf cross over rf

5,6 RF step to the right side, lf touch close to rf

7&8 LF kick diagonal left, lf step on lf, rf cross over lf

¼ TURN SHUFFLE, SHUFFLE, WALK, WALK, TOUCH SCOOT/HITCH, STEP

1&2 LF step to the left side , rf close to lf, ¼ turn left and lf step forward

3&4 RF step forward, lf close to rf, rf step forward

5,6 Step lf forward, step rf forward

7&8 LF touch behind rf, lift lf and scoot back on rf, lf step back

TOUCH SCOOT/HITCH, STEP, ROCK STEP, SHUFFLE FORWARD, PIVOT $\frac{1}{2}$

1&2 RF touch behind lf, lift rf and scoot back on lf, rf step back

3,4 LV rock back on lf, rf weight on rf

5&6 LF step forward, rf close to lf, lf step forward

7,8 RF step forward, $\frac{1}{2}$ left and lf step forward

STEP, HOLD, $\frac{1}{2}$ TURN, HOLD, STEP, HOLD, $\frac{1}{4}$ TURN, HOLD

1,2 RF step forward, hold (and snap fingers)

3,4 $\frac{1}{2}$ turn left (weight on lf), hold (and snap fingers)

5,6 RF step forward, hold (and snap fingers)

7,8 $\frac{1}{4}$ turn left (weight on lf), hold (and snap fingers)

Have fun!

No tags or restarts...