

Better In Time

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Count: 32

Wall: 4

Level: Intermediate / Advanced NC2S

Choreographer: Christina Yang (June, 2014)

Music: Leona Lewis - Better in Time

**** (Special thanks to my friend, Stella) ****

Start the dance after 32 counts

SECTION 1: NIGHT CLUB TWO STEP BASIC L/R, 1/8 TURN TO R WITH SIDE, 1/8 TURN TO R WITH CROSS BEHIND, 1/4 TURN TO R WITH SIDE, CROSS CHASSE

1-2&LF side, RF cross back rock, LF recover,

3-4&RF side, LF cross back rock, RF recover

5-6&1/8 turn to R with LF side, 1/8 turn to R with RF cross behind LF, 1/4 turn to R with LF side

7-8&RF cross over LF, LF step in place, RF cross over

SECTION 2: SIDE WITH SWAY, SWAY, WEIGHT CHANGE AND 1/2 TURN TO L WITH RF TOUCH, SIDE CHASSE, FOOT CHANGE, CROSS CHASSE, SIDE, DIAGONAL BACKWARD CHASSE

1-3L side sway, R side sway, weight transfer to LF and 1/2 turn to L with RF touch

4&5&RF side, LF closed RF, RF side(weight on RF), LF closed RF with weight change to LF

6&7&RF cross over LF, LF step in place, RF cross over, LF side

8&1RF diagonal backward, LF cross over RF, RF backward,

SECTION 3: BACKWARD, 1/2 TURN TO R WITH FORWARD, FORWARD AND 3/8 TURN TO R WITH SWEEP, CROSS, SIDE, CROSS WITH SWEEP, CROSS, SIDE, CROSS WITH SWEEP, BACKWARD ROCK, RECOVER

&2&3LF backward, 1/2 turn to R with RF forward, LF forward and 3/8 turn to R, RF sweep from front to back

4&5RF cross behind LF, LF side, RF cross over LF and LF sweep from back to front

6&7LF cross over RF, RF side, LF cross behind and RF sweep from front to back

8&RF backward rock, LF recover

SECTION 4: 1/2 TURN TO L WITH SWEEP, FORWARD ROCK, RECOVER, 1/2 TURN TO R WITH FORWARD, THREE STEP TURN TO R, BACKWARD ROCK, RECOVER, FORWARD, 1/2 TURN TO R WITH BACKWARD. 1/2 TURN TO R WITH FORWARD(WEIGHT ON RF)

1-2&3 1/2 turn to L(weight on LF) with RF sweep from back to front, RF forward rock, LF recover, 1/2 turn to R with RF forward

4&5 1/2 turn to R with LF backward, 1/2 turn to R with RF forward, 1/2 turn to R with LF backward(weight on LF)(Note: Turning faster and faster like wonder woman)

6&7RF backward rock, LF recover, RF forward

8&1/2 turn to R with LF backward, 1/2 turn to R with RF forward

(Note: 1/4 turn to R(weight on RF) and start again since 2nd wall(9:00))

No Tag, No Restart

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<http://www.youtube.com/user/thetrianglelinedance>