

# Check This

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Dustin Valcalda (USA) & Sierra Gil (USA) - February 2025

**Intro: 16 Counts - Weight starts left foot**

**[1-8] Side Point, Side Point, Heel, Heel, Step Hitch x3**

**1&2& Point RF to R side, Ball RF next to LF, Point LF to L side, Ball LF next to RF (12:00)**

**3&4& Touch R heel forward, Ball RF next to LF, Touch L heel forward, Ball LF next to RF (12:00)**

**5-6& Step RF forward, Hitch R knee while scooting LF forward, Step RF down (12:00)**

**7&8 Hitch R knee while scooting LF forward, Step RF down, Hitch R knee while scooting LF forward (12:00)**

**[9-16] Cross, Back, Side, Cross, Back, Side, Cross, Unwind**

**1-2 Cross RF over LF, Step LF diagonal back L (12:00)**

**3-4 Step RF to R side, Cross LF over RF (12:00)**

**5-6 Step RF diagonal back R, Step LF to L side (12:00)**

**7-8 Cross RF over LF, Unwind  $\frac{1}{2}$  turning L (weight to RF) (6:00)**

**[17-24] Sailor Step,  $\frac{1}{4}$  Sailor Step,  $\frac{1}{2}$  Pivot Turn, Hip Push**

**1&2 Step LF behind RF, Step RF to R side, Step LF to L side (6:00)**

**3&4 Step RF behind LF w/  $\frac{1}{4}$  turn R, Step LF next to RF, Step RF forward (9:00)**

**5-6 Step LF in front of RF, Pivot  $\frac{1}{2}$  R (weight to RF) (3:00)**

**7-8 Step LF forward while pushing hips forward, Push hips back while recovering weight to RF (3:00)**

**[25-32] Turning Hitch, Turning Hitch, Side Rock, Behind, Side, Cross**

**1-2 Step LF forward, Turn  $\frac{1}{4}$  L while hitching R knee (12:00)**

**3-4 Step RF to R side w/ ¼ turn L, Turn ¼ L while hitching L knee (6:00)**

**5-6 Rock LF to L side, Recover weight RF (6:00)**

**7&8 Step LF behind RF, Step RF to R side, Cross LF over RF (6:00)**

**TAG - 16 Counts - Occurs at the end of wall 2 (facing 12:00) - Comes quickly, be ready!**

**[1-8] Shimmy Right, Shimmy Left**

**1-4 Step RF to R side while shimmying to R, Touch LF next to RF (4) (12:00)**

**5-8 Step LF to L side while shimmying to L, Touch RF next to LF (8) (12:00)**

**[9-16] Hop Forward, Shake, Hop Back, Shake, ½ Pivot Turn x2**

**1-2 Hop both feet forward, Shake hips (12:00)**

**3-4 Hop both feet backward, Shake hips (12:00)**

**5-6 Step RF in front of LF, Pivot ½ L (weight to LF) (6:00)**

**7-8 Step RF in front of LF, Pivot ½ L (weight to LF) (12:00)**

**Have fun! Contact [NLDA@nvlinedance.com](mailto:NLDA@nvlinedance.com) with questions!**

**Last Update: 12 Feb 2025**