

# FEELINGS

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Peter Horrocks

**Music:** Man! I Feel Like A Woman by Shania Twain

## HEEL HOOK $\frac{1}{4}$ TURN, SHUFFLE, ROCK STEP, COASTER CROSS

- 1-2** Touch right heel forward. Hook in front of left knee
- 3&4** Turning  $\frac{1}{4}$  right step forward right step left beside right, step forward right
- 5-6** Rock forward on left rock back on right
- 7&8** Step back left, step back right, cross left over right

## ROCK STEP, CROSS SHUFFLE. ROCK STEP. BALL CHANGE $\frac{1}{4}$ TURN

- 9-10** Rock to right on right, rock left on left
- 11&12** Cross right over left, step left to left, cross right over left
- 13-14** Rock to left on left, rock right on right
- 15&16** Kick left forward, step left beside right step right  $\frac{1}{4}$  turn right

## CROSS ROCK AND TRIPLE $\frac{1}{2}$ TURN CROSS ROCK AND TRIPLE $\frac{3}{4}$ TURN

- 17-18** Cross rock left over right, rock back onto right.
- 19&20** Triple step  $\frac{1}{2}$  turn left stepping left right left
- 21-22** Cross rock right over left, rock back on left
- 23&24** Triple step  $\frac{3}{4}$  turn right stepping right left right.

## WALKS, KICK BALL BACK, STOMPS, HIP BUMPS

- 25-26** Walk forward left and right
- 27&28** Kick left forward step left back step right back
- 29-30** Stomp left forward, stomp right forward (clap)
- 31&32** Bump hips right left right

## REPEAT

## OPTIONAL FINALE

**Full turn and  $\frac{1}{4}$  to the left and clap on counts 11-14.**

